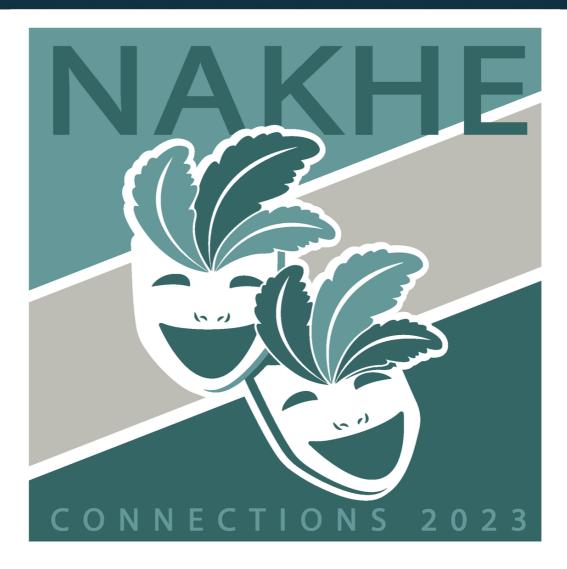
# NAKHE Newsletter

September 2022



## AMESSAGE FROM THE PRESIDENT

#### **Dear Members**,

"If you place in a bottle half a dozen bees and the same number of flies, and lay the bottle down horizontally, with its base to the window, you will find that the bees will persist, till they die of exhaustion or hunger, in their endeavor to discover an issue through the glass; while the flies, in less than two minutes, will have sallied forth through the neck on the opposite side... It is their [the bees] love of light, it is their very intelligence, that is their undoing in this experiment. They evidently imagine that the issue from every prison must be there where the light shines clearest; and they act in accordance, and persist in too logical action. To them glass is a supernatural mystery they never had met in nature; they have had no experience of this suddenly impenetrable atmosphere; and, the greater their intelligence, the more inadmissible, more incomprehensible, will the strange



obstacle appear. Whereas the feather-brained flies, careless of logic as of the enigma of crystal, and meeting here the good fortune that often waits on the simple, who find salvation there where the wiser will perish, necessarily end by discovering the friendly opening that restores their liberty to them."

(Excerpt from "The Management of Organizational Change Among Loosely Coupled Elements" by Karl E. Weick.)

This quote by Weick was the introduction to this month's FSU COACH newsletter's "Thought of the Month" that I write. Weick, who I might suggest attempts a record for run on sentences and semicolon use in this paragraph, suggests that sometimes we need to be the flies. The bees, who are the more intelligent, allow their logic and knowledge to get in the way of success. The flies find the solution through methods that make no logical sense to the bees.

How does this apply to NAKHE? I'm not entirely sure but let me try to provide an analogy. I've spoken to many in our kinesiology disciplines over the past few years who, like the bees that we are, have continued to go to the same traditional conferences, but don't get the value we hoped for. I did this for many years before I became a fly and went to a NAKHE conference. In many ways I escaped the jar. Let's encourage other bees to see things differently by inviting them to our conference in January.

Timothy Baghurst NAKHE President <u>tim.baghurst@nakhe.org</u>

#### LEADERSHIP DEVELOPMENT WORKSHOP (LDW) HIGHLIGHTS



#### **LDW Social**

LDW attendees enjoyed a riverboat cruise on Cane River following Day One of the workshop, and also celebrated Dr. Betty Block's recent retirement.





#### **LDW Team Building**

NAKHE President Tim Baghurst leading his group in some team building exercises as we wrapped up LDW 2022. Special thanks to Northwestern State University's ROTC program for hosting us.



#### LDW Featured Speaker

Dr. Jim Henderson, President of the University of Louisiana System, focused on Sustainability DNA during his keynote presentation at LDW.

We are pleased to introduce a new international member, Dr. Martin Giese from Heidelberg University of Education in Germany. Dr. Giese is a Professor of Sports Science and Sport Pedagogy and has research interests in Sport Pedagogy, Physical Education, Bildung, Inclusive Education, Adapted Physical Education, Adapted Physical Activity and Visual Impairment. With 194 publications, Dr. Giese is a renowned professional in our field! We welcome Dr. Giese to NAKHE!

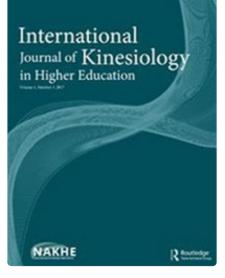


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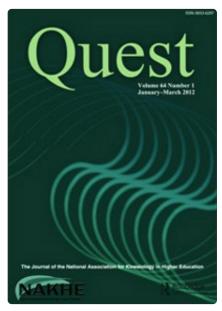
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Featured Article Melissa A. Paré, Irene L. Muir & Krista J. Munroe-Chandler (2022). Mental Health and Exercise: University Students' Insight into the UWorkItOut UWin Program, International Journal of Kinesiology in Higher Education, DOI: 10.1080/24711616.2022.20818 26



Featured Article Chen Chen (2022). Internationalization for Whom and for What? Ethical Questions for Sport Management Programs in Global North Universities, Quest, DOI: 10.1080/00336297.2022.21002 66

Announcing the 2025 NAKHE Conference in Puerto Rico! More information to come!



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## **#NAKHE** Please use Hashtag #NAKHE

We want to celebrate and share your work

#### Have Exciting News?

We have now a link for the members to send us their information for our social media: <u>Share Your</u> <u>News Here!</u> Our members can use this form to send us the information that they want us to announce on our social media. For example, if they are presenting at a conference, they can send us the information!

The purpose of the NAKHE Newsletter is to send updated information to NAKHE members and friends. Much of the information overlaps with our social media sites. If you have any questions and comments, feel free to reach

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out to NAKHE at admin@nakhe.org.