

SEPTEMBER—
OCTOBER 2018

SPECIAL
POINTS OF
INTEREST:

- Annual Conference is calling, you need to be there!
- We Remember Earle Zielger
- Ransdell selected as a Fellow!
- Reflections on LDW from Anne Merrem
- Election Results
- History of NAKHE Fellows
- 'I belong to NAKHE & here's why?'



Donna Woolard,
Webmaster

Timothy Baghurst,
Facebook Guru

Contact:

Clay Bolton,
Marketing Chair &
Newsletter Editor

Clay.bolton@tamuc.edu



A Message from our President, Betty Block

NAKHE is the only association in our field with the laser-sharp purpose of developing leader scholars who will address the challenges of the 21st century. NAKHE has been evolving over the past five years as an unmatched leader in our field at home and abroad. An increasing number of international members have joined our ranks, assumed leadership positions, and have contributed to our viability as an association – that is no coincidence. The leadership of NAKHE has been encouraging and inviting international collaborations beginning with our 2014 Congress, continuing with the evolution of the Chronicle into an international journal, and the current Board of Director's goal to internationalize NAKHE.

I was the vice president and conference manager who ran the 2014 Collaborative Congress with Mike Metzler and President Camille O'Bryant. I have interacted with international contributors and readers of *Quest* through the papers that I have written in it. Often, I noticed, they have similar views to mine. Indeed, I often thought that only internationals read my articles! Anyway, they got my attention because they like my scholarship. Over time, I came to recognize that America alone does not have all the answers about pedagogy, approaches to physical activity, alternative therapies, social justice, and on. Therefore, I made the internationalization of NAKHE one of my presidential goals and the BOD agreed.

I began with appointing a special committee (proposed by the Future Directions Committee and approved by the BOD) to identify and address common issues that affect us all. I sought advice from my FLAG (Fearless Leaders Advisory Group) who helped me detail how to proceed. I have aggressively acted on some of their recommendations and will continue with others during my second year as president. From their first recommendation came the special committee for American-Canadian Collaborations chaired by Jenna Lorusso, a cracker-jack young Canadian who I met at a Leader Development Workshop a few years ago. Her scholarship is centered on stewardship and is going to be pivotal research for our field. Jenna has identified and contacted most all the Kinesiology Canadian leaders and faculty in Canada. She ushered in the first conversations with our Canadian counterparts and organized us to move forward. I then brought in key NAKHE players with international connections: Steve Estes, Tim Baghurst and Brian Culp. Steve Estes, coordinator of our Leadership Institute is coordinating with Canadians regarding joint leader development opportunities. Tim Baghurst has worked extensively in Canada, connected us with Nathan Hall (PHE Canada Research Council Chair) who is chairing an important sub-committee for us. We then brought in Brian Culp who conducted his Fulbright Scholarship in Canada to join Jenna, Tim, and Nathan. They are putting together an important initiative that will afford small programs in Canada and in America to benefit from NAKHE and Canadian leaders' expertise. More to come on this initiative as it continues to evolve.

Working with our counterparts in Canada is the first step. We will be offering two important international panels in Savannah: One will be focused on international faculty teaching in the USA, and the other panel will be focused on the manner in which NAKHE and her friends in Canada and abroad can work together to solve the important problems of the 21st Century. The best minds from around the world need to be recruited to solve the problems that exist in this super-complex world. I will continue to work on connecting with other countries as we push forward with our goal to internationalize NAKHE.

Join us in Savannah and Palm Springs as we continue our goal to work with our brothers and sisters around the world to make Kinesiology a more viable and sustainable field of study!

Betty

2019 Annual NAKHE National Conference

January 9-12, 2019 in Savannah, Georgia

Best Practices in Kinesiology: Showcasing our Successes



Conference Coordinator:
Lynda Ransdell, NAKHE
Vice President
lynda.ransdell@nau.edu

928.523.7417 (O)

Conference Strands include:

- Faculty Development
- Student Success
- Entrepreneurism,
- Innovative Curricula

New for this year are Point/Counterpoint Discussions on:

- *Trends in Student Preparation
- *Social Media
- *Interdisciplinary Collaborations
- *Open Access Journals

This year's invited lecturers are:

- ♦ Jared Russell will give the Amy Morris Homans Lecture
- ♦ Scott Gordon, is the Dudley Allen Sargent Lecturer
- ♦ Doris Corbett will give the Delphine Hanna Lecture

CLICK ON THE PICTURE BELOW FOR ALL OF THE CONFERENCE
INFORMATION.,
We will see you in Savannah!



The Night-Life along the River is Legendary



(Above) our Conference hotel, the Marriott Savannah Riverfront

(to the left) The beauty of the parks, as the walks are breathtaking!



In Memoriam

Earle F. Zeigler, Ph.D. (August 20, 1919 — September 29, 2018)

by

Bradley J. Cardinal, Ph.D.

President, National Academy of Kinesiology

Professor, Oregon State University

Earle F. Zeigler, Ph.D., passed away on Saturday, September 29, 2018, in Vancouver, British Columbia, Canada. Earle celebrated a wonderful 99th birthday in August of 2018 and had been doing well until he became ill with the pneumonia about 3 weeks before he passed away. He is survived by his wife Anne, daughter Barbara and grandson Kenan. He was a friend, colleague, mentor, and unparalleled leader in Kinesiology.

Earle was born on August 20, 1919 in New York City, USA. At 21, he earned a B.A. in German from the prestigious Bates College in Lewiston, Maine. In the subsequent 11 years he earned an M.A. in German and a Ph.D. in the History and Philosophy of Education, both from Yale University. Earle was a top-notch athlete in several sports – football, wrestling, swimming, and table tennis.

Before his semi-retirement, Earle taught, coached, researched, published, and administered programs at four great universities (i.e., Yale, Michigan, Illinois, and Western University, Canada). At the age of 70, he experienced mandatory retirement and retired as Dean and Professor Emeritus from Western University, Canada. Throughout his career, more than 100 students completed their Master's and Ph.D. work with him, many of them subsequently became distinguished leaders in the field. From 1948-2015, Earle published 57 books and monographs, and 445 journal articles in the areas of sport philosophy, sport history, sport management, comparative and international aspects, and professional preparation. He is also the namesake of the prestigious Earle F. Zeigler Lecture Award that is given yearly by the North American Society for Sport Management.

Earle's outstanding dedication and service to professional, scholarly, and professionals societies and associations is well documented. For this he has been honored as few others have been during the history of physical education/kinesiology. Both CAHPER and AAAHPERD bestowed upon him their highest honors. In addition to receiving the top three awards in his field (i.e., Hetherington Award, AAKPE; Gulick Medal, AAHPERD; Alliance Scholar, AAHPERD), Earle received three honorary doctorates including: In 1975 the University of Windsor conferred upon him an Honorary Doctor of Law degree; in 1997 the University of Lethbridge recognized his enduring excellence by awarding him an Honorary Doctor of Science degree; and in 2006 Western University, Canada, bestowed upon him an Honorary Doctor of Law Degree.

A passionate and devoted leader, he served as the conscience of the profession and discipline throughout his working and adult life. For his outstanding contributions, Earle was elected Fellow #184 into the National Academy of Kinesiology in 1966, served as the Academy's President during 1981-1982, and received the Academy's highest honor, the Hetherington Award, in 1990. Earle's legacy is being maintained, in part, by granting free access to several downloadable versions of his recent books and articles. See: <http://earlezeigler.com>

Warm regards,

Brad

Ransdell named a Fellow!

13 New Fellows Elected Into the National Academy of Kinesiology

Thirteen new Fellows have been elected into the National Academy of Kinesiology. Luminaries including a Nobel Laureate were on hand for the 88th gala event held on September 22, 2018 in Chicago, Illinois.

Being elected a Fellow in the Academy is considered the pinnacle career achievement within the discipline of Kinesiology. Elected Fellows are those who have made sustained and distinguished contributions to the discipline for an extended period, usually with one or more signature contributions, and who are willing to participate in advancing the mission and goals of the Academy. Kinesiology is a field focused on physical activity and its impact on health, society, and quality of life. The National Research Council recognizes it as a Life Science discipline.

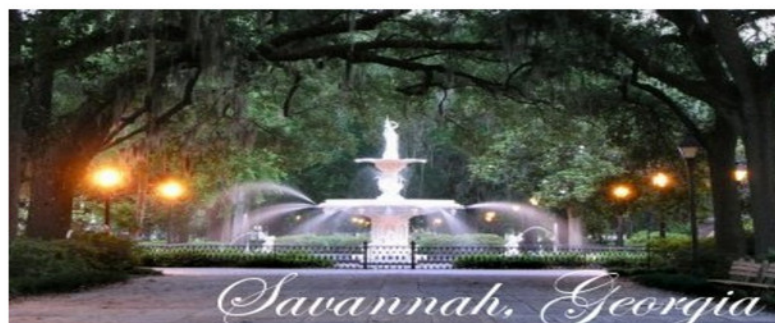
Academy membership is restricted to 165 active Fellows, with an unrestricted number of International Fellows. Only current Fellows can nominate scholars for consideration. The Membership Committee, which was chaired by Richard van Emmerik (University of Massachusetts, Amherst) during 2017-2018, advances the most eminently qualified nominees for a vote by the active Fellows.

The class of 2018 includes 12 active Fellows and one international Fellow. We salute our own:

- **Lynda B. Ransdell**, Northern Arizona University, College of Health and Human Services. Specialization: Women's Sports Performance; Physical Activity and Public Health; Educational Leadership

**To see the full list of new fellows, click on the link below!*

About the National Academy of Kinesiology: The dual purpose of the National Academy of Kinesiology shall be to encourage and promote the study and educational applications of the art and science of human movement and physical activity and to honor by election to its membership persons who have directly or indirectly contributed significantly to the study of and/or application of the art and science of human movement and physical activity. For further information see: <http://nationalacademyofkinesiology.org>



**Reflections on DHCT
and LDW**

From Anne Merrem

**University of West
Georgia**



**NAKHE training: Unhinged, strengthened, and with a
newly energized drive**

One participants experience of an unforgettable time

Flagstaff shall forever be etched in my memory for two reasons: the energy at the university, which is built on Indian grounds, and the most recent NAKHE leadership trainings in July of this year, 2018. I am happy and re-oriented for so many reasons: Lynda Ransdell's glow, Steve's love for the stage and for leading and sharing, and our president, Betty Block's sense for adventure and ability to see affect and to trust.

The Department Head Certification Training (DHCT) opened my awareness toward a new perspective: administration. Administration is as interesting as foundational for the energy created at an institution. Administrators are the leaders who help us, faculty and instructors, realize our vision. Effective administrative leadership includes building a culture through communication, collaboration, accessibility, transparency, and a couple of others.

The DHCT training was partially based on discussions that resulted from solving scenarios after discussing the essential theoretical background information in a relaxed and collegial atmosphere. We just talked about

“stuff:” morals, values, missions, rallying cries, . . . We had questions, made suggestions, and created a shared technical culture that was not based on discipline specific items, but rather on acceptance and sincere consideration as members of a team.

What I learned is that leadership can be promoted when those in training are tasked with solving riddles, challenges, and assignments which include movement. We were sent off to solve riddles in 7000ft altitude on a mission, and, on the way, got to know each other. We had conversations that taught us about each other. We applied what we had learned in the classroom. From a pedagogical perspective, learning outcomes were created and occurred in mind, body, and spirit. Staying at the same hotel initially worked as an ice-breaker, especially because a lavish breakfast was included. Breakfast time was ideal – some people had already finished their workouts, others were ready to enjoy their first cup of coffee. We walked together through the campus from the hotel – on Indian ground. There is a specific energy at NAU – it is empowering, open, transparent, and peaceful.

Based on Betty's agreement, the Leadership Development Workshop (LDW) was conducted by Gayle, Tom, and Vanessa who shared leading us in leadership experiences for 1 ½ days. We went geocaching, made videos, moved through an extreme adventure course in extreme rain, all the while connecting more deeply with one another and with ourselves. Expertly lead debriefs by our facilitators then moved us closer to recognizing deeply seated perspectives and beliefs. This rhythm opened our hearts and minds and, at least in some cases, afforded a new freedom: the freedom of letting go of fears, or doubts, or judgments . . .

Now I have returned to my university and I can sense a difference in myself. I understand that, upon completing the prerequisites in the form of certifications, degrees, and other required qualifications, it is up to me to realize the ideas and ideals that drive me, that are the essence of what it is that I can give back. The process of unfolding toward selflessness while following a uniquely personal path has been newly energized through the time in Flagstaff. Thank you, NAKHE leadership and discovery team!

Department Head Certification Training

The Program is designed to give interested or new department heads an opportunity to acquire the skills used in as a department administrator. Included in the DHCT are the following:

- 360 degree evaluation, self-assessments and goal identification
- Face-to-face training facilitated by professional administrators preceding LDW
- Mentor/protégé relationship
- NAKHE Administrator Forum and Resource Library
- NAKHE administrator panel session at the annual conference
- Certificate of Completion

Cost: Fee of \$120 (members)/\$250 (nonmembers) is due before commencement of 360 degree evaluation. Participation is limited to 10, and applications submitted by NAKHE members will be given preference.

The DHCT is held in conjunction with the Summer Leadership Development Workshop.

Summer Leadership Development Workshop

The 2018 Summer Leadership Development Workshop (LDW) was held on the campus of Northern Arizona University in beautiful Flagstaff. A new format for the workshop included outdoor activity sessions and unconventional approaches to develop one's own leadership style with the hope of taking those leadership lessons back to our home campuses.

Like previous LDWs, the 2018 workshop brought leaders together to brainstorm solutions to some of the complex problems facing higher education. Our work took place mostly outdoors utilizing a dynamic environment that allowed for opportunities to challenge ourselves and develop effective solutions to those challenges. As a component of understanding our ability to solve problems, we explored new brain research highlighting how we think better when we physically move, an interesting return to the "peripateo" concept of Plato and Aristotle. LDW attendees worked through group initiatives, hiking, geocaching, and enjoying the stunning scenery as we learned from colleagues across the country.

**Details for the 2019 DHCT & Leadership Development
Workshop will be posted when available.**

Nominations & Elections News

Langdon & Wells Elected!!!



Vice President-Elect
Dr . Jody Langdon
Georgia Southern University



Secretary
Dr . Gayle Wells
Western Carolina University

We are proud to announce that Dr. Jody Langdon of Georgia Southern University was elected Vice President and Dr. Gayle Wells of Western Carolina University was elected Secretary. We extend our sincere thanks to Dr. E. Newton Jackson and Dr. Emilia Zarco for being candidates for NAKHE leadership office!

Engaged Scholar Program (ESP)

- Applications for the 2019 ESP are due 15 March 2019. Applications for the 2018 ESP are closed.
- Notification of financial awards and ESP dyad couplings will be made by 1 June 2018.
- Information on the ESP can be had by following this link: <http://www.nakhe.org/leadership-development#EngagedScholar>
- Additional information can be had by contacting Tyler Johnson at tylerjohnson6@boisestate.edu.
- Past ESP Award Winners:
 - Nhu Nguyen - Metropolitan University of Denver (2015) -- Mentor: Lynda Ransdell (Northern Arizona University)
 - Takahiro Sato - Kent State University (2015) -- Mentor: Sam Hodge (The Ohio State University)
 - Tyler Johnson - Boise State University (2015) -- Mentor: Scott Kretchmar (Pennsylvania State University)
 - Susan Bertlesen - Metropolitan University of Denver (2016) -- Mentor: Chuck Corbin (Arizona State University)
 - Jody Langdon - Georgia Southern University (2017) -- Mentor: Brian Culp (Kennesaw State University)

A History of the NAKHE Fellow: NAKHE Inducts Its 5th Class of Fellows



Steve Estes,

Leadership Institute Coordinator and Chair of the Fellows Nominations Committee

As I write this column the NAKHE Fellow program turns four years old, and will induct the fifth class of Fellows at the conference in Savannah. It is arguable that this is one of NAKHE's most successful efforts at leading in kinesiology: we acknowledge the achievements of kinesiology scholars and leaders who have made a difference in both the field and the Association. As chair of the Fellows Nomination Committee I am issuing this report to the membership, one that provides some insights into the history and philosophy of the program, my thoughts on how it has been part of the reshaping of NAKHE that began around 2012, and my suggestions on where the program should go into the near future.

The Fellows program was first proposed in 2012, perhaps a year that was one of the most important years in the history of NAKHE. Looking back one can see that this time period was pivotal for the Association. Several events occurred - some unplanned and serendipitous, others the outcome of hard organizational work, one of them tragic - that led to NAKHE leaders taking a hard look at the Association and leading to a number of changes that reshaped the Association into what it is today. This is not the first time such changes occurred: in the late 1970s NAKHE (then Napehe) came into being with the merger of the men's and women's associations. In the 1980s the New Age Napehe evolved from contentious discussions about Napehe's future and a changing academic landscape, and the Future Directions Committee was formed to guide the Association. 2012 was also a pivotal time. But like previous times in the history of NAKHE we did not know that the decisions and actions we made would be similarly momentous. Rather, we just lived through them and did our best. Here's my version of that story, and how it segues into the recommendations for the 2019 class of NAKHE Fellows.

Whenever we think of our good fortunes in NAKHE - and one of them is the Association's current finances - we need to think of Mike Metzler's work to move *Quest* to Taylor and Francis Online (T&F). In 2012 NAKHE was paying our publisher to copyedit, print, and mail issues of *Quest* to members and subscribers, the normal process for most associations with journals. Under Mike's leadership we changed to T&F, and two things happened: T&F began paying *us* to publish the journal, and subscriptions soared in Canada, Australia, and Europe. With some very good editing by Mike, and later Doug Hochstetler, the journal's impact factor rose from roughly .5 to 1.3, meaning that the quality of the articles was better and more people were reading and citing the journal. Nice work! As of this writing *Quest* remains a highly regarded journal as our flagship publication, and NAKHE's accounts are relatively flush. A consequence is that we are able to support a host of projects and programs including the Hellison Grant, the Leader Mentor Program, the Engaged Scholar Program, and our conference (keeping registration as low as possible by paying for part of the conference costs). More importantly, though, and relevant to the Fellows program: the changes made in publishing *Quest* solidified NAKHE's place in the kinesiology universe as a scholarly association. Members of NAKHE are associated with one of the best journals in our field, one that influences our members as well as the field by providing a concrete example of quality scholarly work. I'll bet anyone that our 30 Fellows have published more articles in *Quest* than any other group of 30 in the world.

Not all events, though, were fortuitous. In late 2011 NAKHE's Vice President and conference planner Shane Frehlich was diagnosed with cancer, and NAKHE President Jimmy Ishee was faced with the prospect of canceling the upcoming 2012 conference in Fort Lauderdale, Florida. With Shane out of action for an unknown period (sadly, Shane succumbed to cancer in 2015) I assumed responsibility for running the conference in October, 2011. This conference was the smallest in memory with roughly 75 people attending, with the loss of planning time and leadership resulting in the small conference.

(*Continued on page 10)

But good things happened at that conference. Its small size provided opportunities for some of NAKHE's emerging leaders to begin to take responsibility for NAKHE operations. Emerging leaders stepped up at that conference, and many later assumed important roles in NAKHE. 2012 attendees included Jesse Germain (Leadership Institute Coordinator), Brian Culp (Vice President, and 2019 LDW Coordinator), Britt Johnson (Vice President, first editor of *International Journal of Kinesiology and Higher Education* (*IJKHE*), formerly the *Chronicle*), Beth Hersman (Secretary, incoming editor of *IJKHE*), Jim and Laura Sweet (Technology), Daniel Burt (Publications Chair), Taka Sato (Young Scholar, Emerging Scholar), Tara Tietjen-Smith (Vice President and now President-elect), Marty James-Hassan (Young Scholar, Chair of the Social Justice and Cultural Diversity Committee), and Gwen Weatherford (Marketing Committee Chair). All of these members – and there are others who I am sure I left off – assumed NAKHE leader roles. All have had an enormously positive impact on the Association ranging from introducing technology to the conference (our program is now in one's iPhone!), to running the Association as Board members, and even a NAKHE president (probably several other 2012 attendees will hold this position in the next few years). In this small conference in 2012 new friendships were made, leader opportunities arose, and a new direction for NAKHE was in the making – we just did not know it at the time. I recall being very worried about NAKHE's overall health and viability in those days. But the seeds of what we are today were being planted in Fort Lauderdale, and a whole new generation of NAKHE leaders was beginning to grow. Indeed, the necessity of having emerging leaders assume leader roles sparked an idea – that NAKHE's *function* in kinesiology should be expanded to focus on leader development. NAKHE had to shift to emerging leaders to survive and more importantly to *thrive* – and perhaps this “mentoring of emerging leaders” should become part of our mission.



Three emerging leaders who attended and led at the 2012 LDW: from left to right Brian Culp (professor, Kennesaw State university), Tara Tietjen-Smith (professor and chair, Texas A&M Commerce), Jesse Germain (professor and program coordinator, US Military Academy at West Point)

These new faces and energy were evident to all who attended that conference, especially incoming President Camille O'Bryant. Camille's leadership was focused on invigorating the membership with emerging leaders. She picked up on President Jimmy Ishee's idea of a new member lunch, and ramped it up with some funding, food, and advertising. Connecting new members with senior leaders seemed a natural to Camille, and her awareness that one of the things that NAKHE does best is to connect NAKHE members across generations of the Association became her personal mission. Camille made this idea come alive by institutionalizing it in the conference program. In 2018 senior leaders and emerging leaders are working with each other in ways NAKHE always has facilitated, and we have a process for this mentoring that is explicit in our current strategic plan. Looking back on it, a significant philosophical component of the Fellows program was right in front of us. We just needed to connect the dots.

So, if NAKHE was going to mentor emerging leaders, those who *do* the mentoring should be recognized as well. It was during this time that the idea of recognizing members at the peak of their NAKHE career was developed. Betty Block, then serving on the 2012 Future Directions Committee (FDC), suggested the Fellows idea as a way of recognizing current NAKHE members for their leadership in kinesiology and NAKHE. “What makes a Fellow?” she asked. And the answer was right in front of us: A Fellow is one who has *mentored* our emerging leaders to become scholarly leaders in the field of kinesiology and in the Association itself. We do a lot of mentoring in NAKHE – we provide opportunities to be better scholars (*Quest*, the *International Journal of Kinesiology in Higher Education*, the Engaged Scholar), and in leadership specifically (Leader Mentor Program, the Leader Development Workshop, the Department Head Certification Program, and informal mentoring – perhaps the most important of all mentoring activities). And our administrative pre-conferences have helped along many careers in administration for NAKHE members. If a NAKHE member performs significant leadership activities then it was felt that that member should be so acknowledged by NAKHE in a formal way. Doing so would help that member in many ways, mostly by telling the world, “Hey! Pay attention! You are in the presence of a *scholar leader* in kinesiology!” The idea of “Fellow” was a

natural fit with what NAKHE has always done. We just needed a program to formalize it.

The idea of sending a letter to one's chair, dean, or provost declaring that a NAKHE member attained *Fellow* status was acclaimed among members. This recognition could enhance a member's reputation at his or her university – it certainly couldn't hurt. The FDC's idea, shared for the first time at the 2012 Leader Development Workshop (LDW), was very well received. If you have not attended an LDW you should – the energy and mentoring that occurs at these summer workshops is truly phenomenal. Early LDWs solicited a balance of "emerging leaders" and "senior leaders," and I recall that the emerging leaders were especially intrigued by the proposal of *Fellow* – it gave meaning and direction to young NAKHE members. Work long enough, smart enough, and hard enough then one can receive the tangible benefit of being named a NAKHE Fellow. I recall thinking at the 2012 LDW that in 10 years many of the attending emerging leaders would be designated *Fellow* – that was the whole point of the conversation, in fact.

The primary session at the 2012 LDW was strategic planning, and the Fellows program was discussed in light of how NAKHE as an Association ought to develop young scholars and faculty into kinesiology leaders. This thinking, first named the NAKHE Strategic Direction, eventually became part the NAKHE Strategic Plan (<https://www.dropbox.com/preview/NAKHE/Strategic%20Planning/NAKHE%20Strategic%20Plan.docx?role=personal>). In 2014 this general idea was formalized in the Goals and Objectives in the Strategic Plan by stating that NAKHE is to ... "... create and sustain leadership opportunities for members ... Establish a Fellows program to recognize excellence in leadership."

This brings us full circle to the discussions among current Fellows to induct the 2019 class of NAKHE Fellows. The program is excellent as measured by the quality of the Fellows themselves. We have designated 30 Fellows to date, and I am pleased to be associated with every one of them. NAKHE Fellows have published in the finest journals in our field, led NAKHE through good times and bad, and have held every administrative position invented in higher education. At this point I declare the program a smashing success. But I also have some suggestions to facilitate the program's growth, and realign it with how it serves the membership.

The first four classes, ranging in size from 6 to 8 members, were composed of roughly 15 retired NAKHE members. Since induction several have retired from their universities, and as of this writing only 11 of 30 Fellows remain on the faculty at their universities. The remaining 19 Fellows are retired, or, sadly, deceased. This is a bit surprising given that the Fellows program will be 4 years old in January. Consequently, there is a healthy debate among current Fellows as to how we should deal with the dearth of active members designated Fellow. Should we change standards to make it easier to designate a NAKHE member a Fellow (reducing the 10-year active membership requirement, for instance, would make more members eligible)? Or, should we simply nominate and consider more members who meet the current standard? Or perhaps we should simply continue past practice. Many Fellows feel that the current process of acknowledging 6 – 8 Fellows each year is a good way to go. Earning the Fellow designation is *supposed* to be difficult: it is the difficulty of obtaining Fellow that makes it *good*.

This question will be considered by the Board at the 2019 conference in Savannah. I'll solicit input from current Fellows and we will provide this input to the Board as it considers changes to the Fellows Operating Code. Among changes being considered are limiting new classes to 6 – 8 Fellows, and adding a "senior historic Fellow" category to the nominating process.

This would likely enlarge the incoming class by adding a distinct group of retirees who would not "compete" with current members. One NAKHE Fellow wrote during our discussion:

"As I have followed the discussion, the focus of the fellow program seems to be on two concepts. One concept is recognizing members for exemplary accomplishments, often toward the end of a career (similar to NAK Fellowship). The second concept is recognizing members who have met specific standards after significant involvement but relatively early in a career (similar to the ACSM Fellow or SHAPE America Research Fellow programs). NAKHE can, I think, be true to both concepts if specific standards for Fellowship are outlined and (there is) some limitation on numbers (6-8) ... This rewards fellows who can add fellow status to their vita and encourages continued involvement in NAKHE. The recognition comes at mid-career rather than later."

Are there other ideas? Perhaps. The NAKHE Board of Directors will consider these changes in light of NAKHE's Strategic Plan, and will make changes accordingly in how this young program operates.

See you in Savannah at the 2019 NAKHE Conference, and I hope to see you at the presentation of the 2019 Class of NAKHE Fellows!

Hellison Intedisciplinary Research Grant

Requests for information and applications should be sent to Emily Wughalter, Committee Chair, at emily.wughalter@sjsu.edu.

- Timeline: **Beginning 2019**, the Hellison Interdisciplinary Grant applications are due on March 15 and shall be funded by June 30 of the same year.
- Guidelines: The National Association for Kinesiology in Higher Education Hellison Interdisciplinary Research Grant Program (IRGP) is administered through the Board of Directors and is designed to fund collaborative interdisciplinary research with the intent of connecting kinesiology researchers and researchers from disparate areas together in meaningful applied research. Individual grants will be funded up to \$5000 each.
- Purpose: The IRGP administrators are calling for ORIGINAL INTERDISCIPLINARY RESEARCH proposals from collaborative researchers whose primary line of research is published either inside the field of kinesiology as sub-disciplines or kinesiology researchers collaborating with researchers outside the field of kinesiology.
- Selection Committee:
 - The selection of grant recipients will be made by a committee of scholars who have shown themselves to support the Boyer model of scholarship, specifically applied with and impact of scholarship. The committee chair and membership will be appointed by the president of NAKHE for three-year appointments and approved by the BoD. The committee should be made up of 5-7 members, including the chair. The first committee will be made on a rotation basis, 1-3 year terms. The selection process will be anonymous, similar to submitting manuscripts for Quest.
 - Funding will not support travel for think tank initiatives. Instead, it will be used to support equipment and travel for completion of the proposed project.
- Principal Investigator:
 - Has been a member of NAKHE for at least one full year at the time of application.
 - Is at least an associate professor in the field of kinesiology (or related field) or, if not promoted in rank, has established a strong research background. Any faculty member may apply but membership in NAKHE prior to and during the grant period is required, similar to forwarding in manuscripts for Quest. No preference will be given to young scholars nor mature researchers.
- Collaborating Investigator:
 - If at a university, is at least an assistant professor in a sub-discipline or field that is different from the principal investigator.
 - If at an agency, corporation, or institute, is at least a program coordinator with a master's degree or has a record of innovation and experience.
 - Has documented research capabilities.
 - Must be willing to attend the NAKHE annual conference to present research findings at the conclusion of the study.

- Application Procedures include:
 - A summary description of the project (1/2 page);
 - List of the project coordinators, and their specialty areas (1/4 page)
 - A statement describing the manner in which the project is interdisciplinary (1/2 page);
 - The anticipated impact on the profession, community or society (1/2 page).
 - A detailed budget, (1 page).
 - CV of the applicant(s).

All grants are made payable to the principal investigator's university/institution. All such universities/institutions must have an established Institutional Review Board and a Grants/Contracts office or other office accountable for financial tracking and reporting.

IRB approval and informed consent for human subjects documentation must be submitted to the IRGP administrators for grant awardees prior to release of funds from NAKHE.

A progress report will be required in addition to a final written report including budget and a lay summary of findings for NAKHE's use in promoting the program and its recipients.

All unexpended funds must be returned to NAKHE in full within 60 days of the final written report.

Principal Investigators must assume personal responsibility for the proposal, execution of the research plan, and presentation of the results at the NAKHE national conference.

NAKHE will not require grantees to sign over intellectual property or copyright to NAKHE for any publications, projects that result from receiving this grant.

Projects are to be completed within two years unless approved by the selection committee.

All written documents including publications and presentation materials, and print electronic communications that result from successful funding of the application must include the following or similar statement: "This work was supported by funds received from the NAKHE Interdisciplinary Research Grant Program."



I belong to NAKHE & here's why!

with Anne Merrem

University of West Georgia

1. HOW DID YOU HEAR ABOUT NAKHE? I saw a "random" email come through when I was still a graduate student at the University of Alabama. My advisor supported me by sending the required note to admit me as a member.

2. WHY DID YOU FIRST JOIN? Mostly out of curiosity and based on the advice that it was important to join professional organizations in my discipline. That year's conference happened to take place in San Diego, and that was an attraction: I had lived in Santa Monica for many years, and have a soft spot in my heart for Southern California.

3. WHY DO YOU COME BACK? Once I experienced the energy, the collegiality, and the level of professional conversation, I was "hooked." These were "my people." Some of the legends in our discipline are members of NAKHE and they were approachable, humble, and willing to share their knowledge and experience.

4. WHAT ARE YOUR EXPECTATIONS FROM MEMBERSHIP AND PARTICIPATION? At first, I was just happy to get to know people and to make some professional connections

in my field. Now I know that if I have a question, someone will be happy to help me find the answer. I volunteered to be on the Coaching Education Committee and was readily welcomed. I participated in the Leadership Development Workshop in the summer of 2018 and made fast friends (as one might on high ropes...). Then, with the encouragement of members who had been part of NAKHE for a number of years, I participated in the Department Head Certification Training. This led to developing a project that will potentially add some positive learning experiences to the course catalogue for all our institution's students. I am learning what it takes to become a leader, and I am expertly mentored by a NAKHE professor/associate dean while also being supported by my department chair at my institution.

5. WHAT CAN YOU SAY TO OTHERS ABOUT WHY THEY SHOULD BECOME INVOLVED? Since there is a recommendation to be involved in an organization, why not go national? Being a member of an organization that is focused on higher education narrows the focus and is directly aligned with my daily work. My peers



in the field are my support and they are amazing people. "If you are looking for a professional home, I recommend you take a good and close look at NAKHE. Come and join us at the conference, and find our family to be open, progressive, welcoming and positive."

National Association for Kinesiology in Higher Education
P.O. Box 397117 • Cambridge, MA 02139

www.nakhe.org

