

NOVEMBER—
DECEMBER 2018

**SPECIAL
POINTS OF
INTEREST:**

- Bylaws in Brief
- Award Winners in Brief
- Social Justice and the Issues to reflect on at year end '18
- Changes to the Newsletter for 2019
- 'I belong to NAKHE & here's why?'



Donna Woolard,
Webmaster

Timothy Baghurst,
Facebook Guru

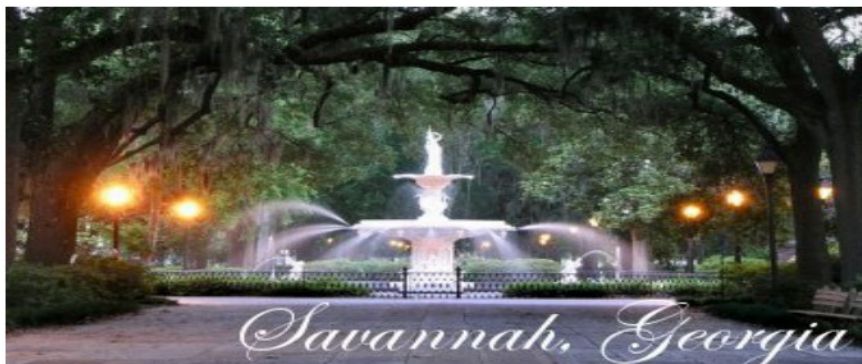
Contact:

Clay Bolton,
Marketing Chair &
Newsletter Editor

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A Message from our President, Betty Block



Final preparations for the Savannah conference are flying across the ether like ever these days! Vice President and Conference Manager, Lynda Ransdell, is doing a yeowoman's job of getting the conference details ironed out. It is always like that in the weeks preceding a conference and my heart goes out to her. Hang in there Lynda, with all the preparatory work you have done the conference will run like clockwork! Kudos also go out to Carrie Sampson-Moore, our fabulous Executive Director, who keeps us on track; Donna Woolard our Webmaster and Member Services Coordinator who keeps us informed; and Clay Bolton our chair of Marketing, who made the newsletter a reality! The Marketing Committee under Clay's leadership has amped up social media, the conference app, and member correspondence! I put a lot on Clay's shoulders this year and he has not disappointed! This year, Gwen Weatherford is creating a commemorative program for all lecturers, fellows, award winners, and leadership institute program recipients. Thank you, Gwen, for once again making my vision a reality! For those of you who do not know, Gwen is the person who worked side-by-side with me when I managed the Collaborative Congress and Annual Conference in 2014. She did anything I asked of her and more. We are lucky to have her. There are many others who are also carrying large loads to keep NAKHE viable like Daniel Burt, Sam Hodge, Doug Hochtstetler, Steve Estes, Timothy Baghurst, Jenna Lorusso, and the Fearless Leaders Advisory Group to name a few. It "takes a village" to keep a viable association like NAKHE running and no one has disappointed this year!

I cannot wait to see you all in Savannah!

Have a happy holiday break!

Betty



Bylaws Reminder as We Prepare for the Conference

Hello Members,

I wanted to highlight a couple of changes we are proposing to the Bylaws. Before I begin, it is our approach that the Bylaws are living documents and need to be updated to reflect the changes of the organization. However, they should stay relatively consistent to maintain the integrity of the organization. How's that for talking out of both sides of my mouth! But seriously, we do have several minor changes and one bigger item that we need the members to vote on at our January 2019 meeting.

Minor -

- 1) Replaced NAKHE with Corporation after the first paragraph. This is typical in Bylaws language.
- 2) Updated language throughout. In the current document there are several areas that refer to mail or telegraph, so we updated to reflect the current communication modes such as email or electronic ballot.
- 3) Board of Directors – Section 1 – there was clarification requested to highlight that the same person may not hold two positions on the board at the same time.
- 4) Fiscal Year – we are on July to June fiscal year – that was updated
- 5) Minor grammar and spelling was adjusted throughout, however it did not impact the context.

Bigger than Minor -

- 1) Membership Benefits – 8.5 In the current document, it reads so that any member may request to purchase a membership list including membership contact. I believe in the past this was for mainly communication reasons, however in light of the significant communication advancements members can still get important information out via our newsletter, email blast or website with the proper approval. Now our members are most concerned with the privacy and the organization should keep that confidential. What is being proposed ...

NAKHE protects the personal privacy of its members by maintaining confidentiality of all member information. NAKHE does not use member information for any purpose other than its authorized use. Member information is made available to the board of directors, executive director, committee members and others on an as-needed basis. NAKHE discloses the minimum information necessary to fulfill its mission and purposes. Those receiving the information are instructed that it is confidential and to be used only for the purpose(s) expressly intended. Member information will be released only after consent is obtained from the member. Members will be notified about any breach of privacy or failure to maintain proper access to records.

Please feel to reach out to me if you have any further comments or issues you think we need to address.

Kind Regards,

Bridget Melton, EdD, CSCS, TSAC-F
Bylaws Committee Chair, NAKHE
bmelton@georgiasouthern.edu



Department Head Certification Training

The Program is designed to give interested or new department heads an opportunity to acquire the skills used in as a department administrator. Included in the DHCT are the following:

- 360 degree evaluation, self-assessments and goal identification
- Face-to-face training facilitated by professional administrators preceding LDW
- Mentor/protégé relationship
- NAKHE Administrator Forum and Resource Library
- NAKHE administrator panel session at the annual conference
- Certificate of Completion

Cost: Fee of \$120 (members)/\$250 (nonmembers) is due before commencement of 360 degree evaluation. Participation is limited to 10, and applications submitted by NAKHE members will be given preference.

The DHCT is held in conjunction with the Summer Leadership Development Workshop.

Summer Leadership Development Workshop

The 2018 Summer Leadership Development Workshop (LDW) was held on the campus of Northern Arizona University in beautiful Flagstaff. A new format for the workshop included outdoor activity sessions and unconventional approaches to develop one's own leadership style with the hope of taking those leadership lessons back to our home campuses.

Like previous LDWs, the 2018 workshop brought leaders together to brainstorm solutions to some of the complex problems facing higher education. Our work took place mostly outdoors utilizing a dynamic environment that allowed for opportunities to challenge ourselves and develop effective solutions to those challenges. As a component of understanding our ability to solve problems, we explored new brain research highlighting how we think better when we physically move, an interesting return to the "peripateo" concept of Plato and Aristotle. LDW attendees worked through group initiatives, hiking, geocaching, and enjoying the stunning scenery as we learned from colleagues across the country.

**Details for the 2019 DHCT & Leadership Development Workshop
will be posted when available.**

Congratulations 2018 NAKHE Award Winners!

These recipients will be honored at our January 2019 conference in Savannah.

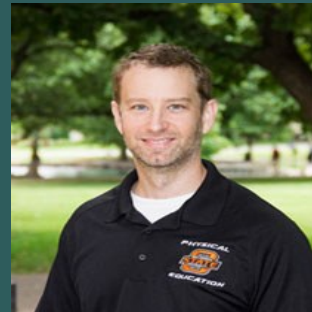
Administrator of the Year Award

Dr. Jackie Lund, Georgia State University



Distinguished Scholar Award

Dr. Tim Baghurst, Oklahoma State University



Distinguished Service Award

Dr. Donna Woolard, Campbell University



Distinguished Teaching Award

Dr. Jody Langdon, Georgia Southern University



Hally Beth Poindexter Young Scholar Award

Dr. Justin Haegele, Old Dominion University





Social Issues with Dr. Martha James-Hassan

Something to think about: 2018 in review

Saturday, July 13, 1985. Where were you? Where were you in the moment that Queen took the stage at Live Aid? I know where I was. I was in my high school best friend's living room where I was for most major televised events of my adolescence...she lived closer to town so we had a better chance of the feed not being interrupted. It was the same place that I was on July 29, 1981 at 4:00 am when Prince Charles and Lady Diana tied the knot. I knew enough to wake up, or stay up, to watch the world. What I did not fully realize until I recently watched both *Bohemian Rhapsody* (20thCentury Fox, 2018) and the 2018 Royal Wedding was the long-standing historical import of moments like this.

There are other events that we all knew would change the course of history that are equally vivid in my memory. I can tell you where I was *and* what I was wearing at 8:35 am Central Standard Time on September 11, 2001 when I was the one to who informed my school community know what was happening in New York and Pennsylvania knowing that my Principal's family home was in the area of the Towers. I know what I had for breakfast the morning the February 1, 2003 when the Space Shuttle Challenger exploded. I remember vividly where I was sitting when the announcement was made that Barack Obama was elected President of the United States just as I remember the moment Donald Trump was proclaimed to be the Commander in Chief.

I watched Live Aid in 1985 and I had no idea the power of the moment until I went to see the 2018 movie that culminated in a reenactment of the Queen's famed reunion performance. On that day in 1985, I had no idea that I was witnessing history. This made me ponder how history works. Is it solely in the story telling, in the remembering, in the reporting, or is it in something else?

As we bring 2018 to a close I find myself wondering what events of this year will prove to impact the world, especially the worlds of social justice and diversity and higher education, as we move into the future.

2018 saw another Royal Wedding but this time the bride was a successful career woman from America who also happened to be bi-racial. Women of all races, social classes, and professions stepped forward to illuminate the violence and abuse that has been faced by women launching the Me Too Movement. What will be the long-term impact on equity of opportunity and access for women and other under-represented populations, if any, as a result of these 2018 happenings?

According to the Gun Violence Archive (<http://www.shootingtracker.com>) there have been over 300 mass shootings in the United States in 2018. (I am not sure if it is the number that is the most shocking or the fact that we have a repository called the Gun Violence Archive!) Of those mass shootings over 3,200

young people were injured or killed. And, while the senseless violence of these horrific numbers is one thing, the average of 11 teens that died behind the wheel of a car EACH DAY in 2018 while texting is silently and profoundly tragic as well (<https://www.teensafe.com/blog/teens-texting-and-driving-facts-and-statistics/>). What impacts might these events have on how we as professionals in the allied fields of kinesiology due the business of researching, teaching, and promoting equity of opportunity and access and safety in education, physical activity, wellness, recreation, and sports.

“It’s the economy, stupid” was the phrase that James Carville employed to help Bill Clinton win the 1992 presidential campaign over George H. W. Bush (06/12/1924-11/30/2018). The phrase landed as a common-sense, no-nonsense platform that appealed to the democratic base as well as moderate republicans. As it did in the Clinton Presidency, a strong economy played a significant role in 2018, especially in contributing to the strengthening of allegiance to President Trump’s no-nonsense platform by his base. The question remains though of what will be the political and economic events this year that shape history over time. Will the reauthorization of the North American Free Trade Act, economic sanctions to China, impacts of de-regulation, climate change challenges, immigration, moving the U.S. Embassy to Jerusalem, or something else be *the thing* that will leave a legacy of impacts upon the future of higher education, international relations, and the place and perspective of immigrants and other minorities in the United States.

Cyber safety, human trafficking, police brutality, Black Lives Matter, fake news, Mathew Shepard being laid to rest with honor, mass incarceration, more women and minorities elected to local and National offices than ever before, White Nationalist gatherings, Antifa, decriminalization of marijuana, Colin Kaepernick taking a knee and the NFL’s response, these among many, many other events carried over into 2018 shaping and re-shaping the social justice and diversity lens through which 2018 will be remembered. Our role, as members of NAKHE—the organization where scholars come to lead—is to be leaders aware of the world around us and to work intentionally to understand the intersections and impacts between the work each of us is doing and the larger world in which that work takes place. In this sense, social justice and diversity is not so much a formula or prescription as it is awareness. An awareness that all education is political (Friere, 1970) and whether we choose to attend to it or not, our work is impacted and impacts the world in which it takes place.

It is my hope that in your reflection of 2018 you find your balance sheet tilting towards the positive and that each and every one of you knows that you are valued members of this organization. Happy New Year.



Membership Tips

When you log into NAKHE's Member Center, you will find links to *Quest*, *The International Journal*, and *Research Quarterly*. While logged in, you may access the membership directory, edit your profile, and review your donations and payments to NAKHE.

Member Directory: If you wish to be visible in the Member Directory, please go to Update Addresses and ensure you have an Office Address card.

Mailing Address Info: Your copies of *Quest*, *The International Journal*, and *Research Quarterly* are sent to the address set on the Home Address card. We think it is best to mail journals to home addresses vs work addresses. The Post Office forwards periodicals to your new home address for at least 60 days, reducing the number of publications "returned to sender" or not received by members. So, if you have not done so, please edit your Home Address card in your Member Center profile so that it sends your NAKHE publications to the mailing address you prefer. To protect your privacy, set your Home Address card to be viewed only viewed by NAKHE administrators.

Moving? Be sure to login and update your Home Address card so that your *Quest*, *The International Journal*, and *Research Quarterly* subscriptions are delivered to your new address!



Looking Forward to the Conference in Savannah!

Engaged Scholar Program (ESP)

- Applications for the 2019 ESP are due 15 March 2019. Applications for the 2018 ESP are closed.
 - Notification of financial awards and ESP dyad couplings will be made by 1 June 2018.
 - Information on the ESP can be had by following this link: <http://www.nakhe.org/leadership-development#EngagedScholar>
 - Additional information can be had by contacting Tyler Johnson at tylerjohnson6@boisestate.edu.
- Past ESP Award Winners:
- Nhu Nguyen - Metropolitan University of Denver (2015) -- Mentor: Lynda Ransdell (Northern Arizona University)
 - Takahiro Sato - Kent State University (2015) -- Mentor: Sam Hodge (The Ohio State University)
 - Tyler Johnson - Boise State University (2015) -- Mentor: Scott Kretchmar (Pennsylvania State University)
 - Susan Bertlesen - Metropolitan University of Denver (2016) -- Mentor: Chuck Corbin (Arizona State University)
 - Jody Langdon - Georgia Southern University (2017) -- Mentor: Brian Culp (Kennesaw State University)



Changes are Coming for the 2019 Version of the NAKHE Newsletter

Here are the highlights, as I am proposing that there will be six editions this time around

- Jan/Feb
- March/April
- May/June/July
- August/September
- October/November
- End of the Year

This should allow for more quality content and a little more variety, especially over the long summer, with an end of the year edition which takes aim to give us thought as we say goodbye to one year and welcome a new.

I hope to have more featured stories, such as learning about the journey of many of our seasoned professionals, and look forward to having more guest writers from a variety of disciplines, highlighting more of the accomplishments of our members and seeing more discussions on the key topics of the day in our field.

*Coming in January / February

- Recapping the Conference in Savannah
- The Story of Mike Rodriguez and the Wheel Chair Basketball National Championship at Alabama
- Marty talks about social issues and how we can help
- Why I joined NAKHE and Why I stay
- Guest Writer from our Membership

Calling all NAKHE Members for the Opportunity to be a Guest Writer for the NAKHE Newsletter in 2019

There will be six opportunities and I would like to reserve spots for the entire year. Please email me with your angle or interest in writing a piece for the newsletter and kindly specify which edition.

Please reach out to me, Clay Bolton @

Clay.Bolton@tamuc.edu

Hellison Interdisciplinary Research Grant

Requests for information and applications should be sent to Emily Wughalter, Committee Chair, at emily.wughalter@sjsu.edu.

- Timeline: **Beginning 2019**, the Hellison Interdisciplinary Grant applications are due on March 15 and shall be funded by June 30 of the same year.
- Guidelines: The National Association for Kinesiology in Higher Education Hellison Interdisciplinary Research Grant Program (IRGP) is administered through the Board of Directors and is designed to fund collaborative interdisciplinary research with the intent of connecting kinesiology researchers and researchers from disparate areas together in meaningful applied research. Individual grants will be funded up to \$5000 each.
- Purpose: The IRGP administrators are calling for ORIGINAL INTERDISCIPLINARY RESEARCH proposals from collaborative researchers whose primary line of research is published either inside the field of kinesiology as sub-disciplines or kinesiology researchers collaborating with researchers outside the field of kinesiology.
- Selection Committee:
 - The selection of grant recipients will be made by a committee of scholars who have shown themselves to support the Boyer model of scholarship, specifically applied with and impact of scholarship. The committee chair and membership will be appointed by the president of NAKHE for three-year appointments and approved by the BoD. The committee should be made up of 5-7 members, including the chair. The first committee will be made on a rotation basis, 1-3 year terms. The selection process will be anonymous, similar to submitting manuscripts for Quest.
 - Funding will not support travel for think tank initiatives. Instead, it will be used to support equipment and travel for completion of the proposed project.
- Principal Investigator:
 - Has been a member of NAKHE for at least one full year at the time of application.
 - Is at least an associate professor in the field of kinesiology (or related field) or, if not promoted in rank, has established a strong research background. Any faculty member may apply but membership in NAKHE prior to and during the grant period is required, similar to forwarding in manuscripts for Quest. No preference will be given to young scholars nor mature researchers.
- Collaborating Investigator:
 - If at a university, is at least an assistant professor in a sub-discipline or field that is different from the principal investigator.
 - If at an agency, corporation, or institute, is at least a program coordinator with a master's degree or has a record of innovation and experience.
 - Has documented research capabilities.
 - Must be willing to attend the NAKHE annual conference to present research findings at the conclusion of the study.

- Application Procedures include:
 - A summary description of the project (1/2 page);
 - List of the project coordinators, and their specialty areas (1/4 page)
 - A statement describing the manner in which the project is interdisciplinary (1/2 page);
 - The anticipated impact on the profession, community or society (1/2 page).
 - A detailed budget, (1 page).
 - CV of the applicant(s).

All grants are made payable to the principal investigator's university/institution. All such universities/institutions must have an established Institutional Review Board and a Grants/Contracts office or other office accountable for financial tracking and reporting.

IRB approval and informed consent for human subjects documentation must be submitted to the IRGP administrators for grant awardees prior to release of funds from NAKHE.

A progress report will be required in addition to a final written report including budget and a lay summary of findings for NAKHE's use in promoting the program and its recipients.

All unexpended funds must be returned to NAKHE in full within 60 days of the final written report.

Principal Investigators must assume personal responsibility for the proposal, execution of the research plan, and presentation of the results at the NAKHE national conference.

NAKHE will not require grantees to sign over intellectual property or copyright to NAKHE for any publications, projects that result from receiving this grant.

Projects are to be completed within two years unless approved by the selection committee.

All written documents including publications and presentation materials, and print electronic communications that result from successful funding of the application must include the following or similar statement: "This work was supported by funds received from the NAKHE Interdisciplinary Research Grant Program."



I belong to NAKHE & here's why!

with Britton Johnson

Missouri Western State University



1. HOW DID YOU HEAR ABOUT

NAKHE? : Dr. Steve Estes was the Dean at Missouri Western when I arrived in the Fall of 2009. After getting to know him, he recommended the conference to me and began to tell me all about the organization. As my Dean at the time, it seemed like a good idea to look into the organization. Once I did so, I loved everything about it.

2. WHY DID YOU FIRST JOIN?

As I said, when your Dean urges you to do something, it is always a good idea to follow through. However, when he suggested this organization, I started to look into what NAKHE (then NAKPEHE) was about. It seemed like a perfect fit for me. I was being told at the time to attend our state MOAHPERD organization, but otherwise did not have another organization that I was involved with. The mission and vision, along with meeting a few people at my first conference, specifically Brian Culp and Kacey DiGiacinto, convinced me that this was the right organization for me to belong to.

3. WHY DO YOU COME BACK?

This one is easy. While the sessions and the program are always excellent, the reason is the people. I have met so many outstanding professionals through

NAKHE that it is nearly impossible to not return. A second, but far distant reason are the opportunities that NAKHE provides. Leadership and administrative training, working on manuscripts and presentations with others from NAKHE, grant and funding opportunities, and chances to serve the profession and the organization in meaningful ways all come with membership in NAKHE.

4. WHAT ARE YOUR EXPECTATIONS FROM MEMBERSHIP AND PARTICIPATION?

I expect to learn from the best. This is my current expectation because of what I have experienced in my time with NAKHE. The people, specifically the administrators and experienced professionals in the field have so much to teach the rest of us. They have experienced, mentored, led and taught in so many meaningful situations that collectively, we can all benefit from their knowledge and experience. It would be a shame not to learn from them.

When I first started at NAKHE, I was expecting to find a place that I could learn and grow as a professional. The people I met, and the situations those people put me in allowed me to be able to grow and develop my talents

in a way that was most meaningful to my professional goals. They did not try to push me somewhere they felt I should go, but helped guide me in the right direction for what I wanted to do. (Although they did encourage certain routes I was not expecting)

5. WHAT CAN YOU SAY TO OTHERS ABOUT WHY THEY SHOULD BECOME INVOLVED:

NAKHE is amazing for making you better. Whatever your better is, the people at NAKHE have probably experienced it, and are more than willing to help you on your journey to become the professor, administrator, mentor or advisor that you want to become.

6. CLOSING MESSAGE: NAKHE has changed my career. I went in thinking about being a better teacher and how I could do better for my students. While I did earn that (I think), I have also learned how to be more than that. I have been encouraged to become a leader and to help others grow in their own.

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