

JANUARY—
FEBRUARY 2019

**SPECIAL
POINTS OF
INTEREST:**

- Betty's Words of Wisdom
- Savannah Conference Photos
- LDW and time spent well at Adelphi
- Congrats to Camile
- "Roll Tide"
- 'I belong to NAKHE & here's why?'
- A Word from our Sponsors



Donna Woolard,
Webmaster

Timothy Baghurst,
Facebook Guru

Contact:

Clay Bolton,
Marketing Chair &
Newsletter Editor

Clay.Bolton@tamuc.edu



A New Year with A New Look !



2019

**National Association for Kinesiology in Higher Education
Annual Conference Savannah, Georgia
2019 Plenary Address
Betty A. Block
President NAKHE**

I have been President of the National Association for Kinesiology in Higher Education (NAKHE) for one full year, and I am happy to say that I have met all the goals that I set for the first year. As I begin my second year, I want to clarify the goals and objectives that I set for the Association, celebrate our successes over the past year, and outline my plans for going forward in this next year of my presidency. To summarize, the broad goals that I have set for NAKHE include institutionalizing diversity and inclusion, infrastructure changes to keep pace with technology and competition, quality member products and services, financial viability, and the internationalization of NAKHE.

Goal one is to institutionalize diversity and inclusion to such an extent that it becomes the fabric of who we are as members and as an Association. Primarily, and this is very important to me, I have intentionally considered the diverse nature of our members and the strengths we all bring to the table. As leaders, we all need to be intentional when we make decisions, give awards, make appointments, consider tenure decisions, and socialize. I cannot legislate the morality of this. It has to become part of the fabric of who we are. We should not be color-blind, age-blind, gender-blind, body-blind, or orientation-blind. We should open our eyes to all of our differences. Additionally, we should embrace members of every institution-type, and consider the unique needs of our international colleagues. Again, I am asking you to come to diversity with your eyes wide open. Be intentional in being inclusive.

With diversity and inclusion as a goal, I strategically made committee appointments, board appointments, and selected lecturers with diversity in mind. I am also adopting inclusivity principles from the Social Justice and Cultural Diversity Task Force that provide a decision-making lens for the Board of Directors to use when conducting Association business. I am going to suggest to future presidents that these principles become the fabric of who we are as an association.

Secondly, I am in complete agreement with the suggestions posited by our Hanna Lecturer, Jared Russell, who challenged us to recruit members from Historically Black and Hispanic Serving-Institutions; transition the Social Justice and Cultural Diversity Task Force into a standing committee; and add an individual or topic-oriented lecture explicitly focused on scholarship or activities in the areas of diversity, inclusion, equity, and/or social justice that has impacted the foundation of our field and profession, in the same current lecture namesakes.

I appointed Jared Russell Chair of the Future Directions Committee and have charged him and his committee to institutionalize these ideas. They will be meeting in New Orleans this April to begin work right away to these ends. Also, I appointed Camille O'Bryant, Chair of the Foundations Committee. I have tasked her to work with me and the Board of Directors to develop structural changes to NAKHE conferences and workshops to institutionalize the diversity and inclusive practices put forward by the Social Justice/Cultural Diversity Task Force. I will provide information in the newsletter as progress is made throughout the year. Diversity is the underlying theme of both years of my presidency, and I hope that it will be my lasting legacy.

Goal two is to promote NAKHE leadership opportunities, member services, and products by creating an infrastructure of support for the Board of Directors and the Executive Director. Purchasing Exware, an association website application under the direction of Donna Woolard and Carrie Sampson-Moore created several opportunities for support that were difficult to carry out with our previous website applications. Carrie was forced to navigate between two separate platforms that did not interact with one another very well or at all. We sort of patched it together over the years and needed a change. This new software is specifically designed for associations, therefore, our webmaster is able to connect all of our membership data and run multiple reports for the Board of Directors or Marketing Committee when requests are made. In addition, we have changed our infrastructure of support in this way: Carrie Sampson-Moore, our Executive Director will function as the Chief Executive Officer of NAKHE – dealing with contracts, finances, the president and BOD, oversee the conference details, and reimbursements. And Donna Woolard, our Webmaster and Membership Coordinator will now function as the Chief Technology and Information Officer – dealing with newsletter support, OPERA, the website, membership data, and leadership team email briefings. Making these roles distinct has already taken NAKHE to the next level. Without their data and support we would not be where we are today! This year, we will update operating codes and evaluations pertaining to these two newly revised positions.

As you know, our contract with Taylor & Francis depends on a membership of at least 350 active members, and although we have over 650 members currently on our roster many do not regularly renew their memberships. We have seen a trend where members alternate years based on East/West conference attendance and some only come when they are able to present their research. Therefore, we are pulling the conferences closer to the geographic center of the country while still maintaining the east/west tradition. For example, our 2021 conference will be held in New Orleans and our 2020 conference will be in Phoenix.

The goal is to increase active membership to 400 by 2020, and to increase annual conference attendance and participation to 200 by 2020. To achieve this increase in membership, attendance, and participation we embarked on an aggressive marketing campaign, member services update, and Website overhaul. The NAKHE Electronic Newsletter edited by Clay Bolton, is a bi-monthly informational that currently goes out to over 650 active and inactive members. Our officers, committee, and task force chairs contribute to the newsletter - writing articles, member highlights, and calls for nominations and awards. This newsletter keeps members informed and reminded about NAKHE all year long. It's a quality publication that Clay is going to expand with more articles included next year.

As previously mentioned, the Board of Directors named Donna Woolard our Membership Coordinator, on top of the fantastic job she has already done overhauling the website. She worked hand-in-hand with our Executive Director, Carrie Sampson-Moore, the Vice President, Lynda Ransdell, and me to send out leadership team briefs when our members needed information or reminders. We have a social media presence with our Whova App and Facebook. Additionally, members use twitter to document the goings on at the conferences and workshops. Members are now, I believe, beginning to realize the depth and breadth of our products, trainings, and services and are becoming more informed and engaged. We are continuing to partner with the physical activity professionals and coaching education folks to expand membership and create research strands of interest to members, as well. As of this writing, we have 158 registrants for this conference! I have no doubt that we will reach our goal of 200 by next year.

The next goal is to increase the fiscal resources and viability of NAKHE beyond our relationship with Taylor & Francis. We are doing very well financially because of publications revenue and in small part membership dues. We have been able to support member training, research, and mentoring opportunities for nominal fees, association grants and awards. Our members are benefiting greatly from these programs. I do not in any way want that support to be diminished. In fact, I can proudly say that we give back to our members like no other association. This could not happen but for the hard work and dedication of selfless members who give of their time and talents to make this an association *where scholars come to lead*. Nevertheless, one should never put all their eggs in one basket. I tasked the Foundations Committee to undertake three important initiatives: develop a giving campaign, a wealth management plan for our substantial financial holdings, and a sponsorship program, and they did not disappoint. Under the leadership of Ron Feingold, the Foundations Committee developed a donation plan for large donations (Founding benefactors) \$10,000 Diamond, \$5,000 Gold, \$2500 Silver, have been accepting donations under \$2500, and are working on the wealth management plan. In addition, you will notice that we are beginning to develop relationships with companies and individuals who provide sponsorships for our conferences and workshops.

You will see their logos proudly displayed on our Webpage and in our Program. I am hopeful that this next year of my presidency will end with our coffers filling over with revenue and that we will be able to offer even more member services free-of-charge!

The final goal is to continue promoting NAKHE as a place *Where Scholars Come/Learn to Lead*". The Leadership Institute programs coordinated by Steve Estes currently include the Leader Mentor Program, Engaged Scholar Program, Hellison Interdisciplinary Grant, the Leader Development Workshop, and the Department Head Certification Training. I tasked Steve to chair a special committee to call together leaders from across the sub-disciplines in NAKHE to identify leaders for the purpose of meeting with us in Palm Springs at our 2020 conference to discuss issues related to advocacy in Kinesiology. Each association will send representatives who will speak to issues for which they are most passionate. The sessions will be run much like the 2014 collaborative congress we hosted in San Diego. The difference is that leaders from each sub-discipline will be invited to present rather than hosting other associations. We have identified, Hal Lawson as our keynote speaker based on his stewardship work. The 2020 Palm Springs conference is well under way thanks to the exemplary leadership of our Vice President-Elect Tim Baghurst. He has many of the larger tasks accomplished by working over 18 months out. Because we are getting bigger and our session slots are becoming more competitive, I'm asking that you begin preparing your proposals for early submission as we are going to move the deadline to an earlier date to give presenters ample time to secure funding to attend the conference and the Vice President ample time to promote the sessions.

The Leadership Institute is up and running full speed ahead. I have appointed Jesse Germain, Westpoint, to coordinate all programs and activities housed within the Leadership Institute. He has worked side-by-side with Steve Estes over the past three years and will hit the ground running. I can think of no better person to run the LI than Jesse. His attention to detail, professionalism, and creativity is just what we need in the LI at this time in her evolution. Our Leadership Development Workshop is going International as part of my goal to **Internationalize NAKHE**. We will be meeting in collaboration with AISEP and Adelphi University this June under the leadership of Brian Culp and Emilia Zarco. You will not want to miss this LDW – see details on the Webpage!

You will notice that we have two international panels planned for this conference. One will address the lived experiences of international faculty and the other is made up of association leaders who will address internationalization and working together. I welcome our Canadian friends who traveled to Savannah to brainstorm ways that we can collaborate to make our field more viable.

Thanks to Anne Merrim from Germany for coordinating the international faculty panel and Jenna Lorruso from Canada for coordinating the American/Canadian Collaboration special committee and panel. Steve Estes, Tim Baghurst, and I will be traveling to Canada to attend and present at the Canadian HPE Research Forum in May in an effort to grow and deepen our ties with Canada. I have also named a special committee to continue work on several fronts including international recognitions, awards, and international scholarship. More to come over the next year on the goal to internationalize.

As I look around the room I see leaders in the field, past and present Homans, Hanna, and Sargent lecturers, past presidents, vice presidents, and secretaries of NAKHE, fellows, distinguished teachers, administrators, scholars, and service recipients, committee chairs, and scholars. I look forward to continuing the work we started this year as I begin my second year as president. It has been a blast working with my Board and many of them are continuing on with me into my next year. THANK YOU! It is evident in everyone I know and have met at this conference that NAKHE is indeed Where Scholars Come to Lead!

Thank you



SAVANNAH was Wonderful!



Steve Estes, 2019 Presidential Award winner for Contributions to NAKHE



Homan's Lecturer Doris Corbett



Above, Justin Haegele, Hally Poindexter Young Scholar
Right, Conference attendees preparing for the Amy Morris Homans Lecture and a fine lunch!



Hanna Lecturer Jared Russell





Damon Andrews becomes a NAKHE Fellow



At NAKHE, we understand and can demonstrate a Huddle!



Robert Lyons and E. Newton Jackson, Jr. show they can spread love and friendship with all at NAKHE



Jesse Germain and Amy Yang prepare for one of the many conference meals in Savannah



Bo and Liz Hanson, our Australian Mates from Athlete Assessments, present the Keynote Talk



The Beautiful Hanson Family!

Bo and Liz become part of the NAKKE Family, welcomed by Steve and Betty!



REMINDER: All applications for the following NAKHE Leadership Institute Programs are due by March 15, 2019:

Department Head Certification

<https://www.nakhe.org/department-head-certification-training.html>

Leader Development Workshop

<https://www.nakhe.org/leadership-development.html>

Contact is Brian Culp bculp1@kennesaw.edu

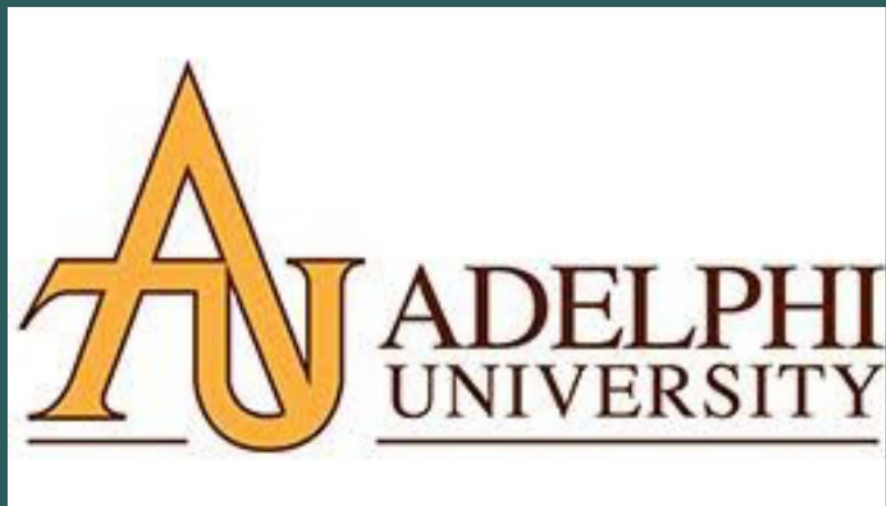
Leadership Mentor Program

<https://www.nakhe.org/leadership-mentor-program.html>

Contact is Britt Johnson bjohnson35@missouriwestern.edu

Engaged Scholar Program (see page 15)

Hellison Interdisciplinary Research Grant (see page 22-23)



<https://visit.adelphi.edu/>



Associate Dean Camille O'Bryant Receives Cal Poly Cross Cultural Centers' First Martin Luther King Jr. Legacy Award



Photo information: Camille O'Bryant, an associate dean in Cal Poly's College of Science and Mathematics and a strong advocate of inclusion and equity efforts for underrepresented students, receives the first campus MLK Legacy Award from Jamie Patton, the university's new assistant vice president for Student Affairs – Diversity and Inclusion. The inaugural award was presented Jan. 16 in Chumash Auditorium. *Information courtesy of Rachel Henry, Cal Poly.

SAN LUIS OBISPO —An associate dean in Cal Poly's College of Science and Mathematics, recognized as a strong advocate of inclusion and equity efforts for underrepresented students, is the inaugural recipient of the campus MLK Legacy Award.

Camille O'Bryant, who is also a kinesiology professor, received the honor Jan. 16. The award salutes a campus community member who upholds the legacy of the Rev. Martin Luther King Jr. by leading with love and hope to create a legacy of diversity, equity and inclusion.

"Camille is a tireless advocate for our students and a staunch supporter of their success, both academic and personal," said Dean Wendt, dean of the College of Science and Mathematics. "I'm incredibly proud that Camille is a member of our college. She daily helps us become a better community."

She serves as chair of the college's Inclusion and Equity Committee, a group of faculty and staff who focus on addressing policies and practices that are barriers to student success. She is also the co-founder and a moving force behind the university's Love, Empathy, Respect campaign, a grassroots initiative designed to reinforce to students that the university remains an inclusive community.

O'Bryant joined the faculty at Cal Poly in 1999, and her efforts to promote diversity and inclusion on campus have been a focus of her teaching, scholarship and service to the campus and local community.

"I am truly honored and humbled to be the recipient of the MLK Legacy Award," O'Bryant said. "I stand on the shoulders of many who fought and continue to fight for social justice, inclusion and equity. It is a blessing and privilege to work alongside all the students, faculty, staff and community members who share a vision of an inclusive and diverse campus where we all have opportunities to succeed."

The Atascadero resident is one of the first BEACoN Mentors on campus, a group that advocates for students from underrepresented backgrounds, giving them the knowledge and tools to succeed at Cal Poly.

Advocacy continues to be a priority for O'Bryant. The steady stream of students filling her office, many of them on academic probation or struggling in other ways, receive academic and administrative expertise as well as emotional support and encouragement.

"Camille inspires me every day with the loving way she challenges the status quo," said Bryan Hubain, assistant dean of students and director of the Cross Cultural Centers, who presented the award on behalf of the center. "I am in awe of her passion and commitment to our campus."

In her two decades at Cal Poly, O'Bryant has served as chair of the Kinesiology Department and vice chair of the Academic Senate, among other positions.

Her commitment to service and leadership extends beyond the university.

She is the alumnae trustee at Massachusetts' Smith College, one of the largest private women's colleges in the nation and her undergraduate alma mater. She has served as president of the National Association for Kinesiology in Higher Education (NAKHE) and the Western Society for Physical Education of College Women.

In 2016, she was named a **NAKHE Fellow** for being an acknowledged leader in the field of kinesiology and providing outstanding service to the professional organization.

Her many additional honors include the Cal Poly Distinguished Teaching Award in 2014 and the 2015 E.B. Henderson Award from the Society of Health and Physical Educators America, which recognizes those who have increased the involvement of ethnic minorities and/or underserved populations in health and physical education.



2020 Annual NAKHE National Conference

January 8 - 11, 2020



Leading Beyond the Campus: Driving Change as Experts

Timothy Baghurst
Conference Planner 501-613-8913
tbaghurst@live.com

Miramonte Indian Wells Resort & Spa
Indian Wells, California

Hotel Website: <https://www.miramonteresort.com/>



Engaged Scholar Program (ESP)

- Applications for the 2019 ESP are due 15 March 2019. Applications for the 2018 ESP are closed.
 - Notification of financial awards and ESP dyad couplings will be made by 1 June 2018.
 - Information on the ESP can be had by following this link: <https://www.nakhe.org/engaged-scholar-program.html>
 - Additional information can be had by contacting Tyler Johnson at tylerjohnson6@boisestate.edu.
- Past ESP Award Winners:
- Nhu Nguyen - Metropolitan University of Denver (2015) -- Mentor: Lynda Ransdell (Northern Arizona University)
 - Takahiro Sato - Kent State University (2015) -- Mentor: Sam Hodge (The Ohio State University)
 - Tyler Johnson - Boise State University (2015) -- Mentor: Scott Kretchmar (Pennsylvania State University)
 - Susan Bertlesen - Metropolitan University of Denver (2016) -- Mentor: Chuck Corbin (Arizona State University)
 - Jody Langdon - Georgia Southern University (2017) -- Mentor: Brian Culp (Kennesaw State University)



How a once up and coming trainer in the SEC became the Director of Sports Medicine for the Adapted Athletics Program at the University of Alabama.....the Journey of **Mike Rodrigues.**

As an undersized high school athlete, Mike was looking for a way to stay involved in athletics in college. He had an option to play ball in college but his family was unable to afford the financial side of a small, out of state private school. So, he was headed to the University of Florida. A close family friend had spent time at Florida as an assistant football coach. Through his connections, Mike was able to apply to be a student athletic trainer during his freshman year. On the day he returned home glowing that freshman year, he received a letter from Florida offering him a scholarship position as a student athletic trainer to begin the following fall. That is how his journey began.

During his three and a half years as a student trainer, he went from a young student just excited to be involved in big time college athletics to a student who had decided on his career. Upon completion of his undergraduate degree, he was accepted as a graduate assistant athletic trainer at Mississippi State University. Immediately upon starting grad school he sat for and passed the NATA certification exam. He was now officially a Certified Athletic Trainer. At Mississippi State, he honed his skills and developed numerous relationships.

During his final semester of grad school, he left school and accepted his first full time position at the United States Military Academy at West Point. While at West Point, MSU was beginning to expand their Sports Medicine Department. Less than a year later, MSU called and Mike returned to be part of the MSU athletic training staff.

He spent 6 years in Starkville and worked with many amazing people. Those medical professionals helped him continue to develop skills. He worked with many great athletes and coaches. As many have said, the games will be forgotten but those relationships will last a lifetime.

Prior to getting married, Mike's fiancé Jennifer, was offered a position within the athletic department at the University of Memphis. Upon relocating to Tennessee, he began a new phase of his career. Mike was now working outreach and working with clinic patients and providing care to local high school athletic programs. While not the big stage of SEC football, the relationships with coaches and athletes were just as fulfilling. While in Memphis, he got to experience numerous opportunities within the athletic training field. He spent time with the University of Memphis, professional football, and got to work with some outstanding orthopedic surgeons.



Fast forward....

Two years ago (2017) his family relocated to Tuscaloosa. He accepted a position with a sports medicine firm providing care to a Birmingham area high school. During this time, he was casually keeping tabs on opportunities in Tuscaloosa in order to keep him closer to home. One of those opportunities was a position with The University of Alabama. But this was with a program he had never heard of – Adapted Athletics. Alabama is well known for their success in college football, but they are also the gold standard in college high performance Adapted Athletics. Alabama Adapted Athletics is a relatively new program. Created in 2003, the program has captured 11 National Championships in three sports – Men's wheelchair basketball, Women's wheelchair basketball, and wheelchair tennis. In January of 2017, the program opened and began training and competing in a state of the art \$10 million facility.

The addition of the position Mike was interested in, was part of the program's master plan to provide these student athletes with the same care and support as other student athletes on the Alabama campus. His knowledge and background with collegiate sports medicine programs made him a candidate for the newly created position of Director of Sports Medicine. While Mike's background with this student athlete population was limited, his diverse knowledge of the sports medicine field helped him secure the position.

At this time, he has nearly completed a full year with the program. Mike stated, "We have made great strides in creating a sports medicine program. Our athletes train and compete year-round. We strive daily to achieve our mission of providing the same experiences to our student athletes that the stand-up student athletes have on this campus. It's a real exciting time in my career. Very few professionals get to start and develop their own program. For me to have this opportunity, especially later in my career, is an awesome blessing."

As this season progresses Mike also stated, "the Alabama Adapted Athletic program is positioned as a leader in adapted athletics and we look forward to defending our titles in Men's basketball and Tennis later this spring at our national tournaments."

This gives new and lasting meaning to "Roll Tide!"





STRAN-HARDIN ARENA
HOME OF ALABAMA ADAPTED ATHLETICS
THE UNIVERSITY OF ALABAMA



Hellison Interdisciplinary Research Grant

Requests for information and applications should be sent to Emily Wughalter, Committee Chair, at emily.wughalter@sjsu.edu.

- Timeline: **Beginning 2019**, the Hellison Interdisciplinary Grant applications are due on March 15 and shall be funded by June 30 of the same year.
- Guidelines: The National Association for Kinesiology in Higher Education Hellison Interdisciplinary Research Grant Program (IRGP) is administered through the Board of Directors and is designed to fund collaborative interdisciplinary research with the intent of connecting kinesiology researchers and researchers from disparate areas together in meaningful applied research. Individual grants will be funded up to \$5000 each.
- Purpose: The IRGP administrators are calling for ORIGINAL INTERDISCIPLINARY RESEARCH proposals from collaborative researchers whose primary line of research is published either inside the field of kinesiology as sub-disciplines or kinesiology researchers collaborating with researchers outside the field of kinesiology.
- Selection Committee:
 - The selection of grant recipients will be made by a committee of scholars who have shown themselves to support the Boyer model of scholarship, specifically applied with and impact of scholarship. The committee chair and membership will be appointed by the president of NAKHE for three-year appointments and approved by the BoD. The committee should be made up of 5-7 members, including the chair. The first committee will be made on a rotation basis, 1-3 year terms. The selection process will be anonymous, similar to submitting manuscripts for Quest.
 - Funding will not support travel for think tank initiatives. Instead, it will be used to support equipment and travel for completion of the proposed project.
- Principal Investigator:
 - Has been a member of NAKHE for at least one full year at the time of application.
 - Is at least an associate professor in the field of kinesiology (or related field) or, if not promoted in rank, has established a strong research background. Any faculty member may apply but membership in NAKHE prior to and during the grant period is required, similar to forwarding in manuscripts for Quest. No preference will be given to young scholars nor mature researchers.
- Collaborating Investigator:
 - If at a university, is at least an assistant professor in a sub-discipline or field that is different from the principal investigator.
 - If at an agency, corporation, or institute, is at least a program coordinator with a master's degree or has a record of innovation and experience.
 - Has documented research capabilities.
 - Must be willing to attend the NAKHE annual conference to present research findings at the conclusion of the study.

- Application Procedures include:
 - A summary description of the project (1/2 page);
 - List of the project coordinators, and their specialty areas (1/4 page)
 - A statement describing the manner in which the project is interdisciplinary (1/2 page);
 - The anticipated impact on the profession, community or society (1/2 page).
 - A detailed budget, (1 page).
 - CV of the applicant(s).

All grants are made payable to the principal investigator's university/institution. All such universities/institutions must have an established Institutional Review Board and a Grants/Contracts office or other office accountable for financial tracking and reporting.

IRB approval and informed consent for human subjects documentation must be submitted to the IRGP administrators for grant awardees prior to release of funds from NAKHE.

A progress report will be required in addition to a final written report including budget and a lay summary of findings for NAKHE's use in promoting the program and its recipients.

All unexpended funds must be returned to NAKHE in full within 60 days of the final written report.

Principal Investigators must assume personal responsibility for the proposal, execution of the research plan, and presentation of the results at the NAKHE national conference.

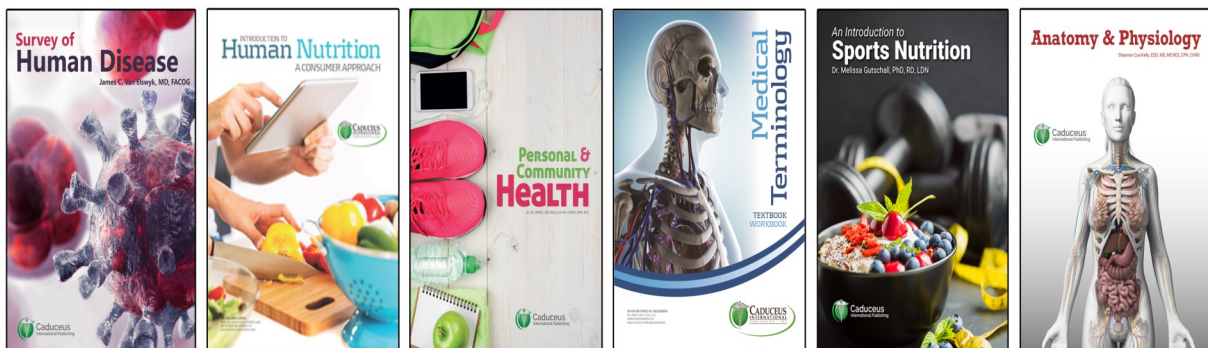
NAKHE will not require grantees to sign over intellectual property or copyright to NAKHE for any publications, projects that result from receiving this grant.

Projects are to be completed within two years unless approved by the selection committee.

All written documents including publications and presentation materials, and print electronic communications that result from successful funding of the application must include the following or similar statement: "This work was supported by funds received from the NAKHE Interdisciplinary Research Grant Program."



We say special thanks to one of our major sponsors, Caduceus, and to learn more about all of our sponsors, go to www.nakhe.org

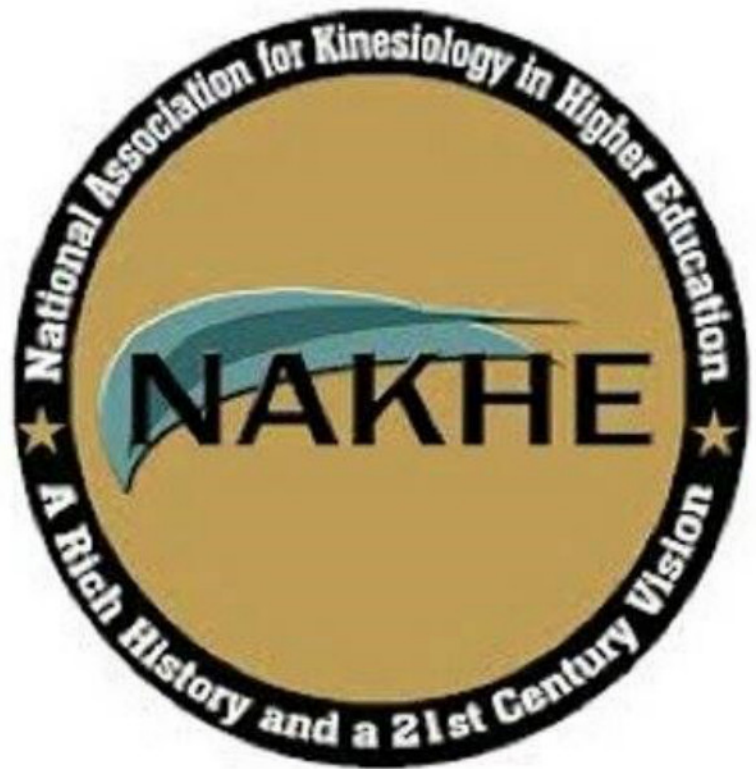


- ✓ Cost-effective
- ✓ 4,000+ medical images
- ✓ 30+ hours of streaming HTML5 lectures
- ✓ Available on all computers, tablets and mobile devices
- ✓ TA assistance and student technical support

Give your students the knowledge and skills they will need to succeed in today's growing healthcare fields with Caduceus International Publishing.

To Learn More about the 2019 Annual Conference recently held in Savannah, the upcoming 2020 Conference in California, and especially to gain additional information about all of our programs and opportunities, like us on Facebook and be sure to go to our Website!

<https://www.facebook.com/nakhe2>



<https://www.nakhe.org/>

I belong to NAKHE & here's why!

with Leora Gabay

College of the Canyons and Los Angeles Valley College



1. HOW DID YOU HEAR ABOUT

NAKHE? During my EdD Program at California State University, Northridge, my professors and classmates would discuss the importance of belonging to professional organizations. There were some organizations I was a part of as a student that were very well known and quite large. However, they were more specific to the practice of Kinesiology and not to the educational aspect of Kinesiology. A quick Google search led me to NAKHE, which was exactly what I was looking for.

2. WHY DID YOU FIRST JOIN?

Considering that my professors and classmates, who have more experience than me in the field of education, suggested and discussed the importance and benefits of partaking in professional organizations, I did not think twice about joining. What I loved most about NAKHE compared to others was the specificity of its emphasis in the field of education. The fact that the organization and those belonging to it focus on Kinesiology in the Higher Education environment is perfect for my professional aspirations and me.

3. WHY DO YOU COME BACK?

Although I only recently joined, I was

motivated to submit an abstract for presentation at the NAKHE Conference in January, 2019. I was accepted and decided to attend. Having attended the wonderful presentations, both poster and lecture, I realized that it truly was a great idea for me to join. I met fantastic professors and inspirational students whose drive and passion for the field make Kinesiology exciting for students (and even professors!) in higher education. Therefore, I look forward to continuing my membership and involvement in NAKHE.

4. WHAT ARE YOUR EXPECTATIONS FROM MEMBERSHIP AND PARTICIPATION?

Through membership and participation, I expect to be current with new trends in the field. Having attended the 2019 NAKHE Conference in Savannah, Georgia, I saw how many Kinesiology programs across the country and globe are running programs in their departments that are successful. Sharing those ideas is how we improve the field and learning from the best can only make me a better educator.

5. WHAT CAN YOU SAY TO OTHERS ABOUT WHY THEY SHOULD BECOME INVOLVED:

Considering what NAKHE has to offer, I would recommend others who are eager to become better educators and learn from the best educators in our field to join. I would also recommend attending conferences and meeting other like-minded individuals who are eager to improve the field through education and practice. Additionally, I find that there is a place in NAKHE for everyone. Whether you are into pedagogy, exercise physiology, physical education, motor learning, adapted physical activity, biomechanics or any other branch of Kinesiology, there is something for you in NAKHE. **6. CLOSING MESSAGE:** There is always something special about being part of something bigger. Although I am a new graduate and new member with NAKHE, I find that having joined NAKHE was already a great step in the right direction as a teacher and person. I recommend those in the field to join, be involved and share.

National Association for Kinesiology in Higher Education
P.O. Box 397117 • Cambridge, MA 02139

www.nakhe.org

