

NAKHE NEWSLETTER

APRIL 2022



A MESSAGE FROM THE PRESIDENT

DEAR MEMBERS,

I've been watching a lot more basketball this month. It is March Madness after all! I don't just watch to be entertained. As a coach educator, I like watching the coaches most. Unfortunately, while some have demonstrated incredible poise and optimism under pressure, I've also seen some fold, showing their displeasure, frustration, irritation, and many other physical embodiments of how they were feeling. How then, will a coach's team feel if their leader doesn't remain upbeat and positive during the ups and downs that come with pressurized situations? Isn't it likely that they will follow the attitude and behavior of their leader?

As leaders, regardless of what profession, the same might be said of us. If you're reading this, you're likely a leader or aspire to do more. Tough situations will happen. You may not always be successful. But, the attitude and approach you display during these challenges will be the example for those around you. You can either drag others down or pull them up. "Set the tone" is a coaching phrase but has real relevance for those of us who lead. So, as we roll into the end of the semester, let's set a tone that provides hope, resilience, positivity, and confidence to keep building.

Hope to see you all at either the Department Head Certification Training or Leader Development Workshop in July!

Timothy Baghurst

NAKHE President

tim.baghurst@nakhe.org

LEADERSHIP DEVELOPMENT WORKSHOP & DEPARTMENT HEAD CERTIFICATION TRAINING 2022

LEADERSHIP DEVELOPMENT WORKSHOP

SUSTAINABILITY DNA SHAPING ECONOMICALLY & ENVIRONMENTALLY SUSTAINABLE PROGRAMS IN KINESIOLOGY

Sustainability refers to “the balance between the environment, equity, and economy” (UCLA, 2022). Over the past few years, the world has experienced a multitude of major life events and subsequent changes (e.g., pandemic, political unrest). **How do we as leaders foster human connections, boost collective intelligence, and build accountability in order to sustain our programs into the future?** In this workshop, participants will learn how to create sustainable organizations (e.g., programs, departments, colleges, universities, associations) that thrive despite ever-changing pressures and challenges.



NAKHE.ORG



NATCHITOCHES, LOUISIANA

NORTHWESTERN STATE
UNIVERSITY
July 6-8, 2022



SHV or AEX Regional Airport
Free Transportation (Pick Up) available



ACCOMMODATIONS

CHATEAU SAINT DENIS HOTEL
751 Second St.
Natchitoches, LA 71457
chateausaintdenis.com
\$109/night | Code: NAKHE2022

ANDRE'S RIVERVIEW BED & BREAKFAST
612 Williams Ave.
Natchitoches, LA 71457
\$175/night on the bank of Cane River
3 rooms available
andresriverview@att.net | 318-581-0287



REGISTRATION

Due by April 15: \$60
Late (if available) April 16-July 1: \$80
+Workshop open to first 50 registrants



2022 NAKHE LEADERSHIP DEVELOPMENT WORKSHOP

Participants will:

- Investigate economic sustainability models, trends, and best practices.
- Analyze personal goals and develop priorities for programs, departments, & organizations.
- Identify organizational efficiencies and capitalize on them.
- Identify barriers and opportunities as well as challenges and solutions to shape their programs and departments.
- Develop sustainability principles tailored toward specific programs, departments, and organizations.
- Develop a draft of a sustainability plan to take back to their institutions.

SCHEDULE

WEDNESDAY, JULY 6

- + DHCT & LDW PARTICIPANTS ARRIVE, CHECK-IN HOTEL
- + 6PM-8PM: LDW SOCIAL [A*] CHATEAU SAINT DENIS HOTEL

THURSDAY, JULY 7

- 8AM: BREAKFAST [A*] LASYONE'S MEATPIE RESTAURANT
- 9:30AM: LDW & DHCT SESSIONS BEGIN
NSU SCHOOL OF BUSINESS | NATCHITOCHES ROOM
- 12:30PM: CATERED LUNCH | BOARD OF DIRECTORS MEETING
- 1:30PM-4:40PM: LDW & DHCT SESSIONS CONTINUE
- 4:40-5PM: FINAL THOUGHTS/DHCT WRAP-UP
- 5PM: BREAK, HEAD BACK TO HOTEL
- 6:30PM: RIVERBOAT TOUR ON THE CANE RIVER QUEEN
DINNER ON THE RIVERFRONT (OPTIONAL)

FRIDAY, JULY 8

- + 8AM: BREAKFAST ON YOUR OWN
- + 9:30AM-3:00PM: LDW WORKSHOP CONTINUES
- + 3:30-5PM: TEAM BUILDING ACTIVITY WITH NSU ROTC

FOR MORE INFORMATION CONTACT:

Dr. Tim Brusseau
tim.brusseau@utah.edu
[DHCT]

Dr. Emilia Zarco
zarco@adelphi.edu
[DHCT]

Dr. Tara Tietjen-Smith
tietjensmitht@nsula.edu
[LDW]

Dr. Haley Taitano
blounth@nsula.edu
[LDW]





DEADLINES ARE COMING UP! CLICK ON EACH PROGRAM LINK FOR MORE INFORMATION.



Department Head Certification T...

www.nakhe.org

The 2022 Department Head Certification Training (DHCT) face-to-face workshop will be on Wednesday, July 6th from 9:00 am - 4:00 pm. It is held in conjunction with the Summer Leadership Development Workshop (LDW) that will meet on Thursday, July 7th from 9:00 am - 4:00 pm, and on Friday, July 8th from 9:00 am - 12:00 noon.



Leadership Mentor Program

www.nakhe.org

Purpose: The NAKHE Leadership Mentor Program (LMP) is designed to bring together members of the kinesiology community for a one-week "shadow" experience to build future leaders through hands-on mentoring and real-world scenarios. The program is also designed to build networking and social communication between university kinesiology departments from different locations inside and outside of the United States.



Engaged Scholar Program

www.nakhe.org

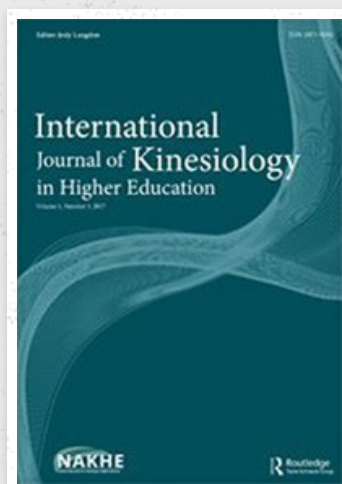
Requests for information and applications should be sent to Tyler Johnson at [tylerjohnson6 \[AT\] boisestate.edu](mailto:tylerjohnson6@boisestate.edu). Review of applications for the Engaged Scholar Program begins April 15th. NAKHE extends mentoring efforts into the area of scholarship with the Engaged Scholars Program (ESP).



Hellison Interdisciplinary Resear...

www.nakhe.org

Requests for information and applications should be sent to Jerono Rotich, Committee Chair, at [jrotich \[AT\] nccu.edu](mailto:jrotich@nccu.edu). Timeline: Beginning 2019, the Hellison Interdisciplinary Grant applications are due on March 15 and shall be funded by June 30 of the same year. EXCEPTION: For 2021, the grant application deadline has been extended to April 15, 2021.



GET PUBLISHED!

Please consider submitting an article to [#NAKHE](http://www.nakhe.org)'s Journals-

IJKE -

<https://www.nakhe.org/submit-to-the-journal.html>

Quest -

<https://www.nakhe.org/submit-to-quest.html>

FEATURED ARTICLE

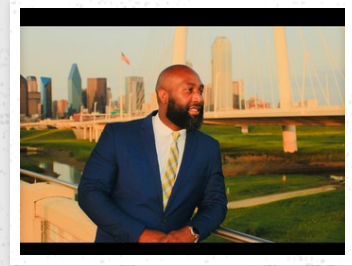
Emi Tsuda, Phillip Ward, James D. Ressler, James Wyant, Yaohui He, Insook Kim & José A. Santiago (2022) Basketball Common Content Knowledge Instrument Validation, International Journal of Kinesiology in Higher Education, DOI: [10.1080/24711616.2021.2010624](https://doi.org/10.1080/24711616.2021.2010624)

FEATURED ARTICLE

Thiago Sousa Matias & Joe Pigginn (2022) The Unifying Theory of Physical Activity, Quest, DOI: [10.1080/00336297.2021.2024442](https://doi.org/10.1080/00336297.2021.2024442)

MEET OUR NEW NAKHE MEMBER: DR. MARCUS JOHNSON, EDD

Originally from Norman Oklahoma, Marcus moved to Dallas Texas in 2008 to get his teaching certification in History to teach high school history and coach high school football. He chose to pursue a Master of Education in Kinesiology from Dallas Baptist University. While working on his Master's at DBU, he started working at St. Philips School and Community Center in South Dallas where he was able to utilize creative freedom in his physical education classes and was responsible for the physical education classes for first grade to 6th Grade. Provided age/grade appropriate lessons for each grade and differentiated instruction for each student. Focused on skill development for first to third grade students, and developing game and sports strategy for the 4th, 5th, and 6th graders. Provided basic sports knowledge, helped to develop sportsmanship, and teamwork with the 1st, 2nd, and 3rd graders. Provided literacy and S.T.E.A.M. opportunities for all levels of my physical education classes.



In August of 2019 Marcus got a position at Jarvis Christian College as the lead professor in the Kinesiology department. At Jarvis, Marcus has taught Biomechanics, Motor Learning, Test and Measurements, Adaptive Physical Education, and Teaching Physical Education. He is the advisor to the Jarvis Christian College Kinesiology club. He is in the process of helping to restructure and upgrade the current Kinesiology program by moving the program from a general kinesiology degree to various disciplines, Sports performance, exercise science, exercise science pre-physical therapy, exercise science athletic training, and sports management. He has designed courses for the Jarvis Online Kinesiology Program; Concepts of Fitness, Biomechanics, Motor Learning, Officiating 1, Testing and Measurements as well as advising and registering students.

Marcus completed his Doctorate degree in Education; Curriculum and instruction with an emphasis in Kinesiology in August of 2021. Dr. Betty Block, who served on Mr. Johnson's dissertation committee invited him to become a part of the NAKHE organization. Marcus joined in NAKHE in 2021 where he hopes to increase his knowledge on how to create an effective kinesiology department in higher education as well as utilize NAKHE resources to improve upon instruction and provide assorted opportunities for his students. Welcome, Marcus!

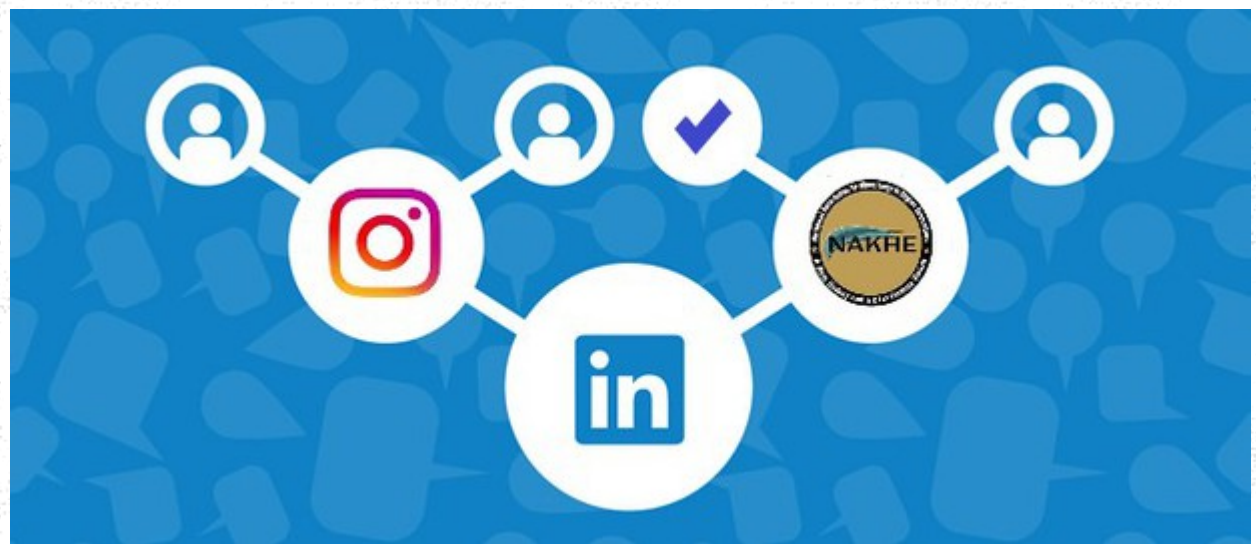
Are you new to NAKHE and want to be featured? E-mail leora.gabay@canyons.edu to be featured in our upcoming newsletter!

NAKHE as an International Organization



NAKHE IS NOW ON LINKEDIN AND INSTAGRAM! GIVE US A FOLLOW!

[LinkedIn](#) | [Instagram](#)






NAKHE NEWSLETTER

 Facebook  @NAKHEorg

The purpose of the NAKHE Newsletter is to send updated information to NAKHE members and friends. Much of the information overlaps with our social media sites. If you have any questions and comments, feel free to reach out to NAKHE at info@nakhe.org.

 admin@nakhe.org

 850-644-3486

 nakhe.org