

ISSUE ONE
2020

SPECIAL
POINTS OF
INTEREST:

- A welcome from our new President
- Recap from Palm Springs
- What is Coming from Leadership Workshop and DHC this summer
- Future Directions Section
- Reflection from our newest NAKHE members from Canada
- New Editor for the On-Line Magazine

Donna Woolard,
Webmaster

Timothy Baghurst,
Facebook Guru

Contact:

Sam Roberts
Marketing Chair
(Samantha.Roberts@tam
uc.edu)

Leora Gabay
Magazine Editor



Thank you!!

Thank you to everyone who attended the 2020 annual conference! We had over 150 attendees with a third of those attendees coming for the very first time! That's always exciting to see and I know those of us who are more established members were delighted to be able to introduce the organization to them.



We packed a lot into a very short space of time, but I hope those of you who attended also took advantage of the down time I tried to build into the program. I know I appreciated it. Not only did I see my first Joshua tree (which makes no sense because they're all completely different and look nothing like a human), but thanks to the experiences and recommendation of Ann Boyce and Richard Oates, I was educated on the romance and sex life of the date! Perhaps a little clarification is necessary: if you didn't visit Shield's Date Farm you can catch the story here: <https://www.youtube.com/watch?v=HSHPQWyxZds>. It's pretty interesting, even if you don't like dates.

Thanks again to those of you who came and shared your knowledge. I've no doubt that NOLA 2021 is going to be amazing and I hope to see all of you at LDW in the summer.

Tim Baghurst, PhD

A Message from our NEW President

Outgoing President Dr. Betty Block (left) hands over the Gavel to our new President, Dr. Tara Tietjen-Smith. Dr. Block has been instrumental in Dr. Tietjen-Smith's career.



Welcome to a new year! I am so honored to represent you all as President over the next couple of years. NAKHE is my favorite professional organization, and I look forward to NAKHE events all year long. We are an interdisciplinary organization of kinesiology-related higher education professionals. Our tag line is "Where Scholars Come/Learn to Lead." We have members from diverse areas including health, physical education, sport and recreation management, exercise physiology, biomechanics, instructional physical activity coordinators, administration, athletic training, coaching, dance, motor development, sociology, among others. Our journals, *Quest* and the *International Journal of Kinesiology in Higher Education*, are some of the most popular in our field. I would strongly encourage you to take advantage of everything that NAKHE has to offer from the yearly conference to the Summer Leadership Development Workshop (LDW) and other Leadership Institute Activities.

Some of my major presidential initiatives and goals for the year include the following:

Continue to increase our scope in relation to diversity and inclusion, including an evaluation of how we are doing and the implementation of several initiatives proposed by our Social Justice and Diversity Committee (SJDC).

Increase the fiscal resources and viability of NAKHE (held over from Dr. Betty Block's presidency). Some goals for 2020 include establishing a corporate sponsorship initiative; exploring a wealth management plan; and making it easier for people to give to NAKHE (e.g. monthly withdrawals)

Update our strategic plan. This will include running a strategic planning session during the 2020 Leadership Development Workshop (LDW). During this process, I would also like to revisit our brand and expand our international initiatives (begun under Dr. Block's leadership).

Evaluation of our contract and relationship with Taylor & Francis, which comes up for renewal at the end of the year, and investigation of a possible new journal.

Revisit many of the possibilities that our **Fearless Leaders Advisory Group (FLAG)** came up with during Dr. Block's Presidency, including a possible award for the "best article in *Quest*".

I hope to see you at the 2020 Leadership Development Workshop (LDW), which will take place at the University of North Georgia (Dahlonega campus) from June 24 to 26, 2020. The LDW will begin on Wednesday with a Welcome Social that evening. The workshop ends by noon on Friday. We work hard to make this an affordable, meaningful experience for our members. Higher education professionals at any stage of their careers are invited to attend!

I am looking forward to a productive year with our culminating yearly conference in January 2021 in New Orleans. Please feel free to reach out to me, or any of the NAKHE Board Members, with questions. NAKHE is the best networking organization in kinesiology higher education. We are here to help each other, and that includes you!



Dr. Tara Tietjen-Smith, MCHES
NAKHE President



Looking Back... On Palm Springs

CONGRATULATIONS to all of the award winners from the 2020 NAKHE Conference in Palm Springs. Your contributions to this organization are truly beyond measure!

NAKHE Presidential Award Winners



Dr Ron Feingold



Dr Emilia Zarco



Dr Clayton Bolton

NAKHE Fellows



Dr Jessie Germain
#43



Dr Bethany Hersman
#44

Distinguished Members



**Dr Hans
Van Der Mars**
Scholar



**Dr Camille
O'Bryant**
Administrator



Dr Britt Johnson
Teacher



Dr Richard Oats
Service

29th Annual Delphine Hanna Lecture



Dr Jody Langdon

“It’s Time to Look Inward: Examining the Connections Between the Work We Do and Our Mental Health”

54th Annual Amy Morris Homans Lecture



Dr Tara Tietjen-Smith

“Waiting on the World to Change: Advocacy Versus Apathy and Focusing on What Really Matters”

39th Annual Dudley Allen Sargent Lecture



Dr Brian Culp

“Thirdspace Investigations: Geography, Dehumanization, and Seeking Spatial Justice in Kinesiology”

Congratulations to **Dr Mara Simon**, winner of the Hally Beth Poindexter Young Scholar Award as well as the researchers awarded this year’s Hellison Grants.

Leadership Institute Update



SAVE THE DATE!

The 2020 Leader Development Workshop will take place at the University of North Georgia (Dahlonega campus) from 24-26 June, 2020. The workshop begins at 12:00 pm on Wednesday, June 24th, continues with a NAKHE hosted Welcome Social that evening, and adjourns at 12:00 pm on Friday, June 26th.





Explore Water Falls and Trails in the North Georgia Mountains (below) and visit quaint shops and restaurants in the downtown village of Dahlonega (above).



Specifics on featured speakers and scheduled topics are coming soon so keep an eye on the NAKHE website for more information. Anyone interested in applying for any AY 2020-2021 Leadership Institute programs or grants should see the NAKHE website for applicable information, deadlines, and application forms.

Registration is open NOW!

Looking Forward... To New Orleans!

A Message from 2021 Conference Chair, Dr Jody Langdon

Welcome to (almost) Spring, NAKHE Members! I have been busy working on the details for our upcoming conference in New Orleans, LA! Our conference will be held at the New Orleans Intercontinental Hotel, **January 6-9, 2021**. Now is the time to start thinking about presenting! We want to hear about the good things you are doing, whether it be related to teaching, research, service, or administration.

This year's conference theme is Supporting Faculty through Effective Leadership: The Work Beyond the Work. The 2021 NAKHE Conference will focus on how leaders can effectively support their faculty in areas outside of teaching, scholarship, and service. Special attention will be paid to legal and ethical aspects of the work environment, open communication between faculty and administrators, and understanding inclusive excellence. The conference strands are:



Asking the Right Questions and Giving the Right Answers: in this strand, presentations will focus on how faculty can effectively request support from administration, navigate communication issues, and clarify role responsibilities.



Legal and Ethical Aspects: in this strand, presentations will focus on how faculty can effectively navigate requesting family or medical leave, report harassment or other violations of faculty handbook, and utilize on-campus resources.



Faculty Development: in this strand, presentations will focus on developing administrators' skills in the areas of supporting faculty.

As with other conferences, we will have open general sessions for those that want to share ideas that do not directly relate to the conference theme. We will also have sessions geared towards Instructional Physical Activity Programs and Coaching Education. I'm hoping to have a deadline set for submissions in the next edition of our Magazine. For now, get excited! New Orleans is going to be our best conference yet!



**Annual Conference
New Orleans
January 6-9**





Future Directions

A Message from Dr Jared Russell, Future Directions Chair

Let me first say thank you all for attending, contributing, sharing, and making the 2020 NAKHE Conference (Palm Springs, CA) a huge success. Much credit and kudos to Dr. Timothy Baghurst (immediate past Vice President) and the NAKHE support team. I'm looking forward to the 2021 conference in New Orleans, Louisiana led by Dr. Jody Langdon (Vice President). It will certainly be an exciting time in the Big Easy!

As Chair of the Future Directions Committee (2020), I had the pleasure of working with NAKHE leadership to identify strategic initiatives and recommendations that would support the organization's commitment to the development of scholar-leaders. As an outcome of the Future Directions Committee's meeting in New Orleans, LA (Fall 2019), NAKHE Leadership was provided with a prioritized list of strategic recommendations and initiatives. With the support of Dr. Betty Block (immediate past President) and Dr. Tara Tietjen-Smith (President) a number of the provided recommendations have already been reviewed, vetted, and supported for implementation. Three key recommendations that emerged from the meeting that have immediate and organization-wide impact were:

1. Transition the Social Justice and Cultural Diversity Task Force to a Standing Committee. This move will allow the Committee to have representation on the Board of Directors and participate in the critical work of NAKHE Leadership.
2. Establish a new conference lecture, eventually titled the Praxis Lecture, focused on recognizing the scholarly, service, or pedagogical contributions of historically underrepresented and marginalized members of the academy. The focus of the Praxis Lecture will be consistent with NAKHE's commitment to the principles of inclusive excellence, equity, social justice, and diversity.
3. Initiate a strategic planning process for NAKHE. The current strategic plan was established in 2014. NAKHE leadership will address the need to comprehensively review, revise, and update the strategic initiatives, objectives, mission, and statement of direction of the current plan. Moreover, leadership recognizes, values, and wants the perspectives and insights of the membership as part of the process. So be ready to take part in the strategic planning process in the near future!

I was so excited that each of these recommendations (among others) were approved by the Board of Directors and will be implemented in the very near future. Be on the lookout for announcements and requests for volunteers related to these and other NAKHE strategic initiatives and get involved. The Future Directions Committee (FDC) would like to recognize the vision, hard work, and perseverance of previous FDC members, NAKHE Standing Committees, the Social Justice and Cultural Diversity Task Force, and the membership in general. Our work is built on the contributions of the NAKHE membership, whether as part of a committee, the Board of Directors, or as respective members who bond together over a shared interest in a particular area of scholarship, professional development, etc. We make each other better. I hope your academic terms are going well. I look forward to seeing you at the upcoming NAKHE Leadership Workshop this summer and if not, see you in New Orleans next year.

Hellison Interdisciplinary Research Grant (IRGP)

Timeline:

Beginning 2019, the Hellison Interdisciplinary Grant applications are due on **March 15** and shall be funded by June 30 of the same year.

Guidelines:

The National Association for Kinesiology in Higher Education Hellison Interdisciplinary Research Grant Program (IRGP) is administered through the Board of Directors and is designed to fund collaborative interdisciplinary research with the intent of connecting kinesiology researchers and researchers from disparate areas together in meaningful applied research. Individual grants will be funded up to \$5000 each.

Purpose:

The IRGP administrators are calling for ORIGINAL INTERDISCIPLINARY RESEARCH proposals from collaborative researchers whose primary line of research is published either inside the field of kinesiology as sub-disciplines or kinesiology researchers collaborating with researchers outside the field of kinesiology.

Requests for information and applications should be sent to Emily Wughalter, Committee Chair, at emily.wughalter@sjsu.edu.

Social Justice & Cultural Diversity

A Message from Dr Martha James-Hassan
SJ&CD Task Force Chair



The Social Justice and Cultural Diversity Task Force Committee (SJ&CD) is honored to inform you that the Board of Directors voted to institutionalize the organization's commitment to equity by shifting the committee from an ad hoc assembly to a standing committee within the governance structure. This action shows the dedication of leadership to have NAKHE stand as a leader in supporting a lived vision of equity throughout the Academy.

At the January conference we will discuss committee policies, goals, communication structures as well as elect a new committee Chair. The Chair, in addition to leading the committee, will serve as a voting member of the Board of Directors. If you are interested or know of anyone else who may be interested in serving as the inaugural Chair for the SJ&CD Standing Committee please encourage them to either join us in January or reach out in advance to be on the ballot.

In addition to taking this important step of elevating the committee, the Board of Directors also accepted the proposal to create the *Praxis Lecture Award* to honor both work by scholars from underrepresented backgrounds and work that serves to support diversity, equity, and social justice in kinesiology.

The award will follow a similar structure to the Hally Beth Poindexter Young Scholar Award in that to be considered candidates will submit a lecture along with an application form for review by a sub-committee comprised of members of the SJ&D and Awards Committees. Once selected, the lecture will be shared with the body at the annual conference. Unlike other honor lectures in the organization however, this lecture award will not be named for a singular seminal figure in the field. Rather this award will be referred to as the *Praxis Lecture Award*. Praxis is a term coined by educator, scholar, philosopher and activist Paulo Friere (1921-1997) that represents the emancipatory synergy of theory in practice. This award will honor those who either by their presence in a scholarly arena, by the work produced, or through targeted service have had positive impacts on discourses of equity in kinesiology. In addition to the standing title of this honor as the Praxis Lecture Award, each awardee will be required to dedicate their award in the name of a prior scholar in the academy or field of kinesiology who either influenced their work or was a pioneer upon whose shoulders we all stand. Through this naming of the award by individual awardees it is hoped that we will be able to honor and



recognize the diversity of scholars, scholarship, and service that have always been a part of the tapestry that is kinesiology.

The committee will be accepting lectures for review in the Fall of 2020 for the inaugural award at the 2021 conference. It has been my honor to chair this committee for the past several years. I personally would like to thank Jared Russell for paving the way for these changes by elevating the committee's goals to the body during his speech at the 2019 conference. I would like to thank President Betty Block and the Board of Directors for the vision and cultivating a climate of excellence with a lens on diversity. And, lastly I would like to thank all of the leaders, mentors, and scholars—you are far too many to name but none less important than the others—who came before me and by example and/or efforts have always lead with nothing less than the expectation of equity for each and every member of our Association.



**NAKHE
LEADERSHIP INSTITUTE**

Where Scholars Learn to Lead

Leader Development Workshop

Registration is open NOW!!

Click [here](#) to register

See you in Georgia... June 24-26, 2020

Leaving the Country to Lead Beyond the Campus

Nathan Hall,
University of Winnipeg

Lynn Randall,
University of New
Brunswick

Steve McGinley,
University of British
Columbia

Janna Jobel,
University of Ottawa



Prior to 2019 the majority of members in the PHE Canada Research Council had minimal awareness, if any, of NAKHE's existence. However, over the past fourteen months it now seems that the crossing of paths between these two organizations was extremely overdue. Now, here we are at the start of a new decade, and following an exceptional few days in Palm Springs it feels to us members of the PHE Canada Research Council Executive that attended the 2020 NAKHE Conference (Nathan Hall, *University of Winnipeg*; Lynn Randall, *University of New Brunswick*; Steve McGinley, *University of British Columbia*; Janna Jobel, *University of Ottawa*) as though a positive collegial relationship could be developing between our organizations. We have written this article to introduce readers to the PHE Canada Research Council, overview how the connection between our organizations came about, and provide some insight into our experiences at the 2020 NAKHE Conference.

First of all, a short introduction to provide some context. In many ways Physical and Health Education (PHE) Canada is the Canadian counterpart to SHAPE America. In fact, PHE Canada used to be called the Canadian Association for Health, Physical Education, Recreation and Dance or CAHPERD. Within PHE Canada is a semi-autonomous group comprised mainly of university level researchers, teachers, and graduate students known as the PHE Canada Research Council (PHEC-RC). This group shares the common goal of advancing research centred on topics and issues in physical and health education. We are a relatively small (slightly under 100 members) but very tight knit group of scholars, led by an elected executive committee made up of eleven existing PHEC-RC members. Our organization is affiliated with an on-line, open-access, peer-reviewed journal entitled *PHEnex Journal/Revue phénEPS* (Physical and Health Education nexus/phénix Éducation Physique et à la Santé). We meet annually at the PHEC-RC Forum, which

is a one day pre-conference event that occurs the day before the annual PHE Canada Conference. Over the past decade we have consistently been seeing an increase in the number of international scholars attending this forum.

A series of unrelated events in 2018 lead to a chance meeting in Winnipeg, Canada between Dr. Nathan Hall (University of Winnipeg professor, & Past Chair of the PHEC-RC) and NAKHE board member Dr. Timothy Baghurst. This unexpected opportunity resulted in a series of discussions where both learned more about each other's organizations and more importantly, that there were potential prospects for collaboration. To be honest, there were reservations about the worth of PHEC-RC members attending a NAKHE conference due to the tensions that exist in Canada between physical education and kinesiology. Initially, it would appear the Canadian organization known as CCUPEKA (Canadian Council of University Physical Education and Kinesiology Administrators) would have been a better collaborative fit with NAKHE. Most PHEC-RC members would not normally attend a 'kinesiology' conference as traditionally, the work presented at such conferences was often not directly related to that of PHEC-RC members. However, through continued discussions and meetings at both the NAKHE 2019 conference and the 2019 PHEC-RC Forum in Montreal, both groups realized there were more potential commonalities between the two groups than initially realized.

As a result of the afore mentioned previous engagements and discussions between our organizations, we were invited to attend and present at the 2020 Palm Springs conference (Dr. Randall attended the previous year and returned with a very positive review). At this point, we felt we had a pretty good understanding of NAKHE and what to expect. That said, most of us attending (and many of

our members back in Canada) still felt some uncertainty about how we as PHE pedagogy focused scholars fit with a group labeled as Kinesiology. These concerns seemed to disappear from the moment the conference began. From the opening welcome address/meet-and-greet event we reconnected with several colleagues we had met at other, unrelated conferences, and were introduced to several new attendees. We were welcomed with open arms and inquisitive minds by the NAKHE membership. Immediately following the opening meet and greet we had the unexpected honor of having two-time past president and NAKHE Fellow, Steve Estes, accompany us for our first dinner in Palm Springs, where Steve provided some history and an expanded insider's view of what we could expect over the next couple of days. Over the course of dinner, any remaining apprehensions dissipated.

We quickly realized over the next few days that at NAKHE physical education has a clear place underneath the umbrella of kinesiology. NAKHE's commitment to use physical education as a vehicle for social justice, as evidenced through multiple presentations, but especially through Mara Simon's *Hally Beth Poindexter Young Scholar Lecture* and Brian Culp's *Dudley Sargent Lecture* aligns well with the work and interests of many Canadian researchers. Beyond the keynote addresses, we found many presentations that related directly to the work many PHEC-RC members are engaged with. Additionally, NAKHE's commitment to connect professionals in the field and foster leadership was evident.

After attending the 2020 Palm Springs conference, we feel it is important to continue to foster the relationship between NAKHE and the PHEC-RC as together we can share what we know and build from several vantage points. Canada's relatively small population spread over a very large area leaves many of us physically disconnected from each other. This coupled with the fact that university level

physical education faculty positions have decreased while kinesiology positions have increased has resulted in many challenges for those working in the physical and health education field. Having more allies acting as advocates for the health and wellbeing of our students is the only way to feel like we are capable of making impactful change. The link between these two organizations can help us understand our own contexts better and work more authentically for change. Hopefully, this relationship will prove very fruitful in the future. We definitely plan to have representatives present next year in Louisiana! This short story provides an opportunity for us to reflect on our assumptions and preconceived ideas about others work. Had Tim (Dr. Baghurst) and Nathan (Dr. Hall) not gone out of their way to make time and further connect to discuss our organizations, we would have likely continued to assume the work presented at NAHKE was not of interest or

value to our own work. After having attended the 2020 Palm Springs conference, not only are we aware of the broad array of work conducted by NAHKE members, the conference introduced us to a body of work that can positively contribute to our own work and it has introduced us to other researchers who share similar research interests, work-related issues, and teaching concerns. We met and engaged with several new colleagues with whom collaborative projects and new collegial relationships developed. Thank you NAHKE for the invitation. We look forward to continued collaboration and we encourage our new colleagues/friends at NAKHE to keep PHE Canada's Research Council journal, forum, and members on your radar. NAKHE is definitely now on our radar and we will be encouraging all PHEC-RC members to be aware of the opportunities that engagement with NAKHE offers.

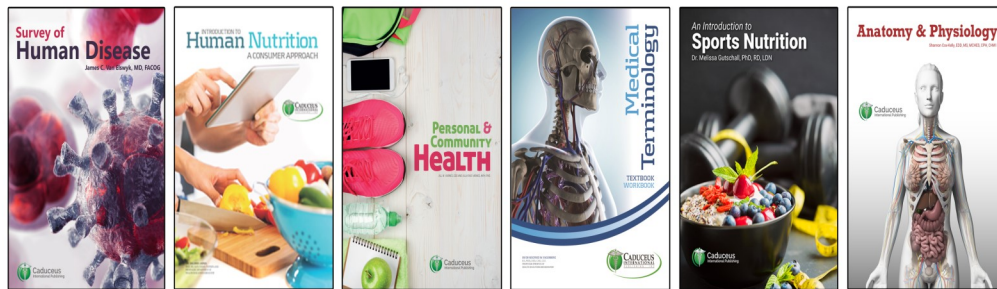
To Learn More about the 2020 Annual Conference held in California, the upcoming 2021 Conference in New Orleans , and especially to gain additional information about all of our programs and opportunities, like us on Facebook and be sure to go to our Website!



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Meet Leora Gabay...

new Editor of the NAKHE newsletter

Dr. Leora Gabay received her bachelor's and master's degrees in Kinesiology from Cal State University, Northridge (CSUN) and later received her doctorate in Educational Leadership from CSUN as well. As a young athlete, she was always getting injured. When it came time to choose a career path, it was only appropriate to learn about the human body and what happens to it when someone plays sports, gets injured, rehabilitates, etc. Leora always had the dream to be a physical therapist for the Los Angeles Lakers but that changed when she started working with people with physical disabilities. This prompted her to change her academics and pursue a master's in Adapted Physical Activity, where she conducted her thesis on improving the gait parameters of people with lower limb amputations. After working for a short time at Navy Medical Center in San Diego in the biomechanics lab, Leora returned to Los Angeles to further her education. She started working at local community colleges not long after and is now teaching at College of the Canyons in the Department of Kinesiology, Physical Education and Athletics.

During her free time, Leora loves being active, enjoying hikes in southern California, attending country concerts, sports games and simply enjoying life with her loved ones.

Expect emails from Leora SOON asking you to write for the NAKHE newsletter!



National Association for Kinesiology in Higher Education
P.O. Box 397117 • Cambridge, MA 02139
www.nakhe.org

