

Michelle Vaughn, Ph.D.
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Dr. Michelle Vaughn earned a Ph.D. in Kinesiology, a M.Ed. in Exercise Science-Physiology, and B.S. in Finance from Auburn University. She is currently in her 6th year at Kutztown University, where she has taught 9 courses in the Fitness Administration and Coaching and Athletic Administration minors. Some of the courses includes, Scientific Basis for Human Movement, Personal Nutrition, Exercise Physiology, Strength Training and Resistance Exercise etc.

She has conducted research and presented studies focused on kinesiology and health, pedagogy, organizational & academic socialization, faculty development, and diversity recruitment and retention strategies. Dr. Vaughn's dissertation was centered on the flipped instructional design through the integration of video technology to enhance the quality of kinesiology courses. She has published several peer reviewed articles and abstract and a book chapter. Some of her collaborative work includes, "Flipping a college physical activity course: Impact on knowledge, skills, and physical activity," "Academic Administrators' Beliefs About Diversity," and "Flipping Health Sciences: In the Flipped College Classroom." Dr. Vaughn was also awarded a collaborative grant from the Pennsylvania State System Faculty Development Council and some professional development grants at Kutztown University.

Beyond Dr. Vaughn's teaching and research, she also has a devoted commitment to service in Kinesiology and Higher Education. She has served on her university Provost Advisory Council, as a Senator, the chairperson for several peer review committees, the co-chair for the Fitness Administration committee, a member of Kutztown International Affairs committee, Title IX Advisory committee, on strategic planning task force, event advisory council, and liaison for summer enrichment program, just to name a few.