

**CURRICULUM VITAE**

Kenneth D Bias, EdD

Chair & Professor

Department of Early, Elementary, Middle, & Physical Education 2022-present

University of Central Missouri

## GENERAL INFORMATION

### Education

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| Ed.D. | Northcentral University (2009)<br>Prescott Arizona<br>Specialization-Teacher Leadership            |
| M.E.  | William Woods University (2006)<br>Fulton Missouri<br>Specialization-Administration                |
| M.S.  | University of Central Missouri (2002)<br>Warrensburg Missouri<br>Specialization-Pedagogy           |
| B.S.  | University of Central Missouri (1998)<br>Warrensburg Missouri<br>Specialization-Physical Education |

### Professional Teaching Experience

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|--------------|---|
| 2022-Present | Chair, Professor, tenured, Department of Early, Elementary, Middle & Physical Education, University of Central Missouri |
| 2017—2022    | Professor, tenured, School of Teaching and Learning, University of Central Missouri                                     |
| 2013—2017    | Associate Professor, tenured, Department of Nutrition and Kinesiology, University of Central Missouri                   |
| 2009—Present | Full Graduate Faculty Member, Department of Nutrition and Kinesiology, University of Central Missouri                   |
| 2008—2012    | Assistant Professor, Department of Nutrition and Kinesiology, University of Central Missouri                            |
| 2007—2008    | Adjunct Instructor, Department of Nutrition and Kinesiology, University of Central Missouri                             |
| 2000—2008    | Physical Education Instructor, Raymore-Peculiar School district Raymore Missouri  |

1999—2000 Physical Education Instructor, Kingsville School District, Kingsville Missouri

1998—1999 Physical Education Instructor, Oxford Park Academy, Overland Park Kansas

### **Non-Teaching Professional Experiences**

2021-Present Owner Pool Management & Consulting LLC

2015—2017 Aquatics Director, Milburn Golf and Country Club, Roeland Park Kansas

2008—2014 Aquatics Director, Meadowbrook Golf and Country Club, Prairie Village Kansas

### **Certifications**

2010—Present Johnson County Kansas Pool Director certified

1999—Present Missouri teaching certificate

1999—Present Red Cross CPR, AED and First Aid certified

## **TEACHING**

### **Courses Taught:**

#### **Graduate level Courses:**

PE 5200	Analysis of Teaching Physical Education
PE 5370	Advance Curriculum & Supervision
FLDX	Education Field Experience Student Teach Secondary II
PE 5500	Behavior Interventions in Physical Education
PE 5650	PE for Special Populations
PE 6190	Trends & Issues in Kinesiology
PE 6950	Professional Seminar in PE
PE 6960	Research Problems
PE 6980	Internship

#### **Uncompensated Graduate Level Courses – Special Projects:**

PE 5000	Advanced Analysis and Teaching Secondary Skills
PE 5000	SP Spec Pop Practicum
PE 5840	Principles of Motor Learning
PE 6900	Reading in Physical Education
PE 6960	Research Problems
PE 6980	Internship
PE 6990	Thesis

#### **Undergraduate Level Courses:**

PE 1100	Orientation & History in PE
PE 1200	Fitness Through Act & Sport

PE 1450	Growth and Development Elementary Physical Education
PE 2010	Healthy Active Living
PE 2100	Foundations of Teaching in Physical Education
PE 2200	Weight Training
PE 2410	Movement Skills & Act Prim Grades
PE 2450	Motor Learning and Control
PE 3210	Outdoor Skills I
PE 3310	Analysis & teaching of Physical Training
PE 3320	Analysis & Teaching of Elem Skills
PE 3330	Analysis and Teaching Secondary Skills
PE 3340	Analysis and Teaching Lifetime Activities
PE 3500	Tchg & Mgt in PreK-12PE
PE 3550	Practicum in PreK-12 PE
PE 4210	Outdoor Skills II
PE 4340	Adaptive Physical Education
PE 4390	Eval Procedures in PE
PE 4460	Techniques of Teaching Physical Education Middle/High School
PE 4765	Internship
PE 4830	Psychological Aspects of Physical Education
PE 4970	Teaching & Management in PreK-12PE
PE 4975	Practicum in PreK-12 PE
FLDX 4495	Student Teaching Elementary I
ICAP 4468	Student Teach Secondary II

**Undergraduate Level Courses Taught before the Curriculum Change 2010:**

PE 3280	Analysis and Teaching Team Activities
PE 3850	Motor Learning and Control
PE 2290	Analysis and Teaching Innovative Activities

**Uncompensated Undergraduate Level Courses – Special Projects:**

PE 1100	PE Orientation, History and Philosophy
PE 2320	Analysis and Teaching Weight Training
PE 3300	Teaching of Dance
PE 3430	Creative Dance & Rhythm Elementary School
PE 4000	History and Philosophy of Physical Education
PE 4000	Analysis and Teaching Advanced Secondary Skills
PE 4000	Analysis and Teaching Kinesiology
PE 4000	Outdoor Practicum
PE 4000	SP Psychological Aspect of Special Populations
PE 4000	SP Adapted PE Practicum
PE 4000	SP Advanced Adapted PE
PE 4561	Coaching Practicum
PE 4885	Secondary Field Experience II
NC 1000	Adaptive Physical Education
THR V 1000	Thrive Adapted Physical Education
THR V 1000	Thrive Foundations of Teaching PE

AE 1400

Freshman Seminar

Over the course of my career, I have had the opportunity to not only teach my regular course load, but to gain a lot of experience developing a variety of courses to facilitate the learning of the students and allow them to progress towards graduations in a timely manner

### **Supervision of Students**

- Spring 2024 Supervised one student teacher for the MAT program.
- Spring 2022 Supervised two student teachers for the MAT program.
- Fall 2020 Supervised two undergraduate students during their internship with me and the adaptive physical education program.
- Spring 2020 Supervised a THRIVE student as they performed intern duties for me and the physical education program
- Fall 2019 Supervised two undergraduate students during their internship with me and the adaptive physical education program.
- Fall 2019 Supervised two THRIVE students as they performed intern duties for me and the physical education program
- Fall 2018 Supervised one undergraduate student during their internship with me and the adaptive physical education program.
- Fall 2018 Supervised two THRIVE students as they performed intern duties for me and the physical education program
- Spring 2017 Supervised three THRIVE students as they performed intern duties for me and the rest of the department of Nutrition and Kinesiology
- Fall 2017 Supervised a graduate student while they completed their internship working with me in the field of physical disabilities.
- Fall 2017 Supervised three THRIVE students as they performed intern duties for me and the rest of the department of Nutrition and Kinesiology
- Spring 2016 Supervised an undergraduate student while she completed her internship in adapted physical education to complete her Minor in Adapted physical education.
- Spring 2016 Supervised two graduate students while they completed their internship working with me in the field of physical disabilities.
- Spring 2016 Supervised four THRIVE students as they performed intern duties for me and the rest of the department of Nutrition and Kinesiology.
- Fall 2015 Supervised one graduate student while they completed their internship working with me in the field of physical disabilities.
- Fall 2015 Organized and supervised 16 undergraduate students while they performed their observational hours in the field of Physical education in preparation of student teaching,
- Fall 2015 Supervised three THRIVE students as they performed intern duties for me and the rest of the department of Nutrition and Kinesiology.

- Spring 2015 Supervised 1 undergraduate students while working in the field of Adapted physical education to gain a better knowledge and understanding for how to work with individuals with special needs in an educational setting.
- Spring 2015 Supervised two THRIVE students as they performed intern duties for me and the rest of the department of Nutrition and Kinesiology.
- Fall 2014 Organized and supervised 14 undergraduate students while they performed their observational hours in the field of Physical education in preparation of student teaching,
- Fall 2014 Supervised two THRIVE students as they performed intern duties for me and the rest of the department of Nutrition and Kinesiology.
- Spring 2014 Supervised 4 student teachers in the field of Physical Education. Supervision of these students requires a minimum of 6 observations of their teaching at the school they have been placed at. Often many of these students require as many as 8-10 observational visits to help them meet the expectations set by the program.
- Spring 2014 Supervised 4 undergraduate students while working in the field of Adapted physical education to gain a better knowledge and understanding for how to work with individuals with special needs in an educational setting.
- Spring 2014 Supervised two undergraduate students while working on their minors in Adapted physical education in the public-school arena.
- Fall 2013 Supervised 2 student teachers in the field of Physical Education
- Fall 2013 Organized and supervised 17 undergraduate students while they performed their observational hours in the field of Physical education in preparation of student teaching,
- Spring 2013 Supervised 5 student teachers in the field of Physical Education
- Fall 2012 Organized and supervised 26 undergraduate students while they performed their observational hours in the field of Physical education in preparation of student teaching
- Fall 2008-2014 Over the course of these six years I have had the opportunity to supervise 19 students during their student teaching. Each student presented me with a new and different challenge to develop their teaching skills to the highest level possible. I truly enjoy supervising student teachers even though it takes a great deal of time and energy.

### **Student Counseling and Advising**

Each semester I help advise 25-50 undergraduate physical education majors. Due to the constant changes occurring within the requirements of DESE (Department of Elementary and Secondary Education) it is vital to help students understand the requirements they face in moving towards graduation. In addition, I believe it is just as important to work with these students to help them not only with their classes but with life as well. Students need a person on campus that will listen to them and help them with all their life needs and issues. Each year I have a larger number of graduate and undergraduate students coming to me for help from a variety of majors within our department.

### **Graduate Faculty Status**

I attained full graduate faculty status starting in 2010-2011 and have maintained that status ever since.

### **Graduate Thesis Committee Chair**

Borger, E. (2011). The Effects of Cardiovascular Exercise on BMI in Adolescents.

Lewis, M. (2011). Effect of Adiposity on Student Enjoyment in Physical Classes Impacted by Visibility.

### **Thesis Committees**

Miller, R. M. (2016) The relationship of maximal leg power and swing velocity in collegiate athletes.

Holmes, C. J. (2016) The effects of rest period lengths on muscle hypertrophy and intra-exercise performance.

Wells, K. (2012). The Effects of Stable Versus Unstable Training Surfaces on Body Composition and Power in Recreational Active Individuals

Litvinski, Y. (2010). The Effects of Timing of Plyometrics: Either Before or After Strength Training on Select Power Parameters of the Lower Body of College Sprinters and Jumpers.

Nooney, R. (2010). Resistance Training in Sprinting: A Conventional Method and a Wetsuits' Effect on Sprint Performance.

Spry, A. G. (2010). Student Response to Daily Adapted Aquatic Programming.

### **Graduate Level Research Projects Advisor:**

Mohler, N. (2011). Physical Educators Perspective on the Implementation of Heart Rate Monitors in Physical Education.

Pennington, J. (2011). Relationship Between Physical Activity and Academic Achievement in the Classroom.

### **Contributions to Course and Curriculum Development**

Over the course of the last ten years the BS & MS degrees in Physical Education have undergone several large curriculum modifications to meet the ever-changing

requirements of DESE. Having the opportunity to work as a group has allowed the pedagogy members to work through all these changes with only a few minor developmental issues over the years. The list below shows the amount of work put forward as a collaborative group from the PETE program members.

**During the 2019-2020 academic year I led the development of the new MS Degree in Physical Education with options in Pedagogy and Coaching.**

**During the 2018-2019 academic year I led the development of the new options under the Physical Education degree to create options in Adapted Sport Education and Sports & Recreation Education.**

**During the 2014-2015 academic year.**

Program revision BS Physical Education area #1  
 PE 1100 Orientation and History of Physical Education (2 hours)  
 PE 2100 Foundations and Philosophy of Physical Education (3 hours)  
 PE 2455 Growth and Motor development (3 Hours)  
 PE 3350 Assessment of Elementary and Secondary Skills (2 Hours)  
 PE 4770 Curriculum and Instructional Planning  
 PE 4845 Social & Psychological Aspects of Physical Education (3 Hours)  
 PE 4970 Teaching and Management in Pre K-12 Physical Education (3 Hours)  
 PE 4971 Methods of Teaching Reading and Writing in Physical Education (1 Hour)  
 PE 4974 Assessment and Data Based Decision Making in Physical Education (2 Hours)  
 PE 4975 Practicum in Pre K-12 Physical Education (1 Hour)

**During the 2008-2009 academic year.**

Course Deletion: PE 4390 – Evaluation Procedures in PE  
 Course Revision: PE 2240 – A & T of Individual and Dual Activities to PE 3330 A & T of Secondary Skills  
 Course Revision: PE 3460 – Techniques of Teaching PE Activities in Middle & High School to PE 4460 Techniques of Teaching PE Activities in Middle & High School  
 Course Revision: PE 3850 – Motor Learning and Control to PE 2450 Motor Learning and Control.  
 Course Revision: PE 2314 – Analysis and Teaching Individual and Dual Activities to Analysis and Teaching of Lifetime Activities.  
 Course Deletion: PE 4110 – History and Philosophy of Physical Education

### **Evidence of Teaching Effectiveness**

**Spring 2020 Faculty Recipient for the University of Central Missouri's Learning to a Greater Degree Award**

**Fall 2019 Missouri-Kansas-Nebraska-(MKN) Achiever Award**



In recognition of your educational achievement, outstanding success, and for exemplifying the meaning of TRIO

**2015-2016 Governor's Award for Excellence in Education.**  
(For Challenging and Motivating Missouri Students to Reach Their Maximum Potential)

**Spring 2012 Winner of the College of Health, Science, and Technology Teaching in Excellence Award.**

**Fall 2011** I was the guest of the University of Central Missouri Soccer team, to their annual appreciation night to honor faculty and staff who have had a positive influence on a student athlete.

### **Workshops and Other Programs Sponsored**

**Spring 2012** Future Teacher of the Year Workshop (TOY). Facilitated by Dr. Ken Bias, Ms. Casey Johanson, Mr. Robert Young, Ms Mallory Peacher, and Mr. Micah Noble.

**Spring 2011** Future Teacher of the Year Workshop (TOY). Facilitated by Dr. Ken Bias, Ms. Beth Brennan, Ms. Callie Ashbaugh, and Ms. Meg Chowning.

**Spring 2010** Future Teacher of the Year Workshop (TOY). Facilitated by Dr. Ken Bias, and Valerie Barker.

**Fall 2007** Teaching Basic Tennis Workshop in Raymore, Mo. Facilitated by Ken Bias

**Summer 2007** Raising the Bar in Physical Education Workshop in Raymore, Mo. Facilitated by Ken Bias

**Spring 2007** Asthma and Allergy Workshop. Facilitated by Ken Bias and Dr. Henry Kanerak.

### **Student Course Evaluations**

Each semester the students could fill out a survey over their classes. The following chart is the semester averages of all classes taught by me from fall 2012 through the summer of 2016.

Semester & Year	My Mean	PE Mean	Department Mean
Fall 2023	4.80	4.6	4.6
Summer 2023	4.73	4.5	4.6
Spring 2023	4.85	4.6	4.6
Fall 2022	4.81	4.6	4.6

Summer 2022	4.65	4.5	4.6
Spring 2022	4.82	4.6	4.6
Fall 2021	4.78	4.6	4.6
Summer 2021	4.62	4.5	4.6
Spring 2021	4.85	4.6	4.6
Fall 2020	4.80	4.6	4.6
Summer 2020	4.78	4.5	4.6
Spring 2020	4.81	4.6	4.6
Fall 2019	4.80	4.6	4.6
Summer 2019	4.65	4.6	4.6
Spring 2019	4.81	4.6	4.6
Fall 2018	4.80	4.6	4.6
Spring 2018	4.84	4.6	4.6
Fall 2017	4.89	4.6	4.6
Summer 2016	4.54	4.6	4.6
Spring 2016	4.83	4.6	4.6
Fall 2015	4.73	4.6	4.6
Summer 2015	3.92	4.6	4.6
Spring 2015	4.66	4.6	4.6
Fall 2014	4.74	4.6	4.6
Summer 2014	4.47	4.6	4.6
Spring 2014	4.85	4.6	4.6
Fall 2013	4.83	4.6	4.6
Summer 2013	4.03	4.6	4.6
Spring 2013	4.72	4.6	4.6
Fall 2012	4.80	4.52	4.43
Spring 2012	4.75	4.45	4.42
Fall 2011	4.81	4.45	4.42
Summer 2011	4.62	4.45	4.42
Spring 2011	4.97	4.52	4.50
Fall 2010	4.86	4.52	4.50
Summer 2010	4.81	4.52	4.50
Spring 2010	4.88	4.52	4.50
Fall 2009	4.83	4.52	4.50
Spring 2009	4.73	4.52	4.50
Fall 2008	4.54	4.54	4.46
<b>Mean of all courses taught since 2008</b>	<b>4.678</b>	<b>4.591</b>	<b>4.534</b>

**Grant Activity:**

Fall 2016 grant for 8000.00 dollars for iPads for the adaptive program.

Spring of 2012 received approximately 2000.00 dollars in student technology funds to purchase additional video equipment for methodology classes.

Fall of 2009 I received 1500.00 dollars in student technology funds to purchase new video equipment for methodology classes.

Fall 2008 received a Grant from the Center for Teaching and Learning to attend the 37<sup>th</sup> Annual national Adaptive Conference in San Diego, CA.

### **Faculty and Peer Teaching Evaluations**

- |           |   |
|-----------|---|
| 2015-2016 | 100% score from Interim Chair Dr. Dennis Docheff. <ul style="list-style-type: none"> <li>• High level of student responses throughout the class discussion/lecture.</li> <li>• Many critical elements of effective teaching were presented to the class. All students seemed to be engaged.</li> </ul>  |
| 2015-2016 | 100% score from peer evaluation from Dr. Dae Yeon Kim. <ul style="list-style-type: none"> <li>• Dr. Bias had excellent use of spoken and written language respective to the content. The lecture was very clear, easy to understand, fun and entertaining. Dr. Bias used many real-life examples and successfully attained a very high level of student engagement. In addition, he used whiteboard and PowerPoint effectively.</li> <li>• The learning process was very interactive and dynamic (even though it was an early morning class). In fact, throughout the entire class period every student had at least one meaningful comment or discussion point.</li> </ul> |
| 2014-2015 | 100% score from Chair evaluation from Dr. Mike Godard. <ul style="list-style-type: none"> <li>• Great interaction with students and it is obvious that the students respect Dr. Bias</li> <li>• Dr. Bias gave not only the background and theory but also made it extremely practical for each of his students.</li> </ul>  |
| 2014-2015 | 100% score from peer evaluation from Dr. Woo-Young Lee. <ul style="list-style-type: none"> <li>• Dr. Bias's Presentation was well organized. He showed purpose of the class clearly.</li> <li>• Dr. Bias consistently and actively worked with the students with related questions and activities. In addition, he willingly accepted and fulfilled students' opinions and comments. He also provided discussion questions that are provoking and stimulating students.</li> </ul>  |
| 2013-2014 | 100% score from Chair evaluation from Dr. Mike Godard. <ul style="list-style-type: none"> <li>• Great command of the subject Matter.</li> <li>• Dr. Bias has his students' hand in today's lesson plan and assessment and then based upon the assessment formulate tomorrow's lesson plan.</li> </ul>   |
| 2013-2014 | 100% score from peer evaluation from Dr. Scott Strohmeyer. <ul style="list-style-type: none"> <li>• This is a hands-on practical course. The students are required not only to hone their teaching practices, but also get to experience learning from both viewpoints (i.e., as teacher and as student).</li> </ul>  |

- All tasks are assigned with a specific purpose as an end goal. Student interpretations may vary, and Dr. Bias evaluates each situation for its usefulness and inefficiencies.
- 2012-2013 100% score from Chair evaluation from Dr. Mike Godard.
- Dr. Bias used very effective verbal and written communication with the class.
  - Asked student questions to make sure that the concepts were being understood.
- 2012-2013 100% score from peer evaluation from Dr. Ann McCoy.
- Excellent. The students were thoroughly engaged in the lesson. They participated in the class discussion and activities. Dr. Bias is very enthusiastic in his presentation style and the activities he planned were engaging to the students.
  - Great! Dr. Bias communicates very clearly with his students. The objectives of the lesson and all directions were clearly given. He has a great rapport with his students and his communication skills enhance this.
- 2009-2010 100% score on my faculty evaluation form from Dr. Dirk Nelson department chair of Kinesiology.
- He is an experienced pedagogue, and it shows.
  - Valuable contribution to Physical Education K-12 curriculum revision.
  - Very collegial with and among faculty in both departments.
  - Willing to serve students and the department for the good of the whole... this approach helps my role substantially.
- 2008-2009 95.2% score on my faculty evaluation form from Dr. Dirk Nelson department chair of Health and Human Performance.
- Ken has an excellent rapport with students. Students seem to show him respect.
  - He is willing to teach whatever class is necessary for the good of the curricula and our department. I appreciate him tremendously.
  - Ken works closely with a number of students outside the classroom.

## **SCHOLARSHIP & CREATIVE ACTIVITY**

### **Publications**

#### **Refereed Articles and Books**

Bias, K. D. (2019) *Teaching Physical Education (3<sup>rd</sup> ed)*. Kendal Hunt: Dubuque IA.  
Due out Summer 2024

Bias, K. D. (2019) *Teaching Physical Education (2<sup>nd</sup> ed)*. Kendal Hunt: Dubuque, IA.

- Bias, K. D. (2013). *Teaching Physical Education*. Kendal Hunt: Dubuque, IA.
- Johnson B. T. (2014) *Plato's Physical Education: A guide to teaching physical education at all levels and in all environments*. Deer Park, New York: Linus Publishing.
- Bias, K., & Docheff, D. (2017) Helping students THRIVE—A two-way street. *Strategies, A Journal for Physical and Sport Educators*. 30, 22-26
- Bias, K. D. (2011). United States superintendents' perceptions of the importance of providing quality physical education. *Missouri Journal of Health, Physical Education, recreation and Dance*. 21, 31-38.
- Bias, K. D. (2011). Superintendents' perceptions of physical education and the NASPE standards. *Illinois Journal of Health, Physical Education, recreation and Dance*.
- Bias, K. D. (2010). Superintendents' perceptions of physical education and the NASPE standards. *Missouri Journal of Health, Physical Education, Recreation and Dance*. 20, 86-95.

Two of the published articles ended up with the same title once it had been shortened by the editor of the journal. One of the articles was data driven towards the Midwest district of AAHPERD while the other article was data driven towards the Central district of AAHPERD. Each of these articles contained data representing superintendent perception over their school districts physical education programs within the states represented in the two AAHPERD districts.

#### **Editor Reviewed Published Professional Organization Papers:**

- Bias, K. D., Strohmeier, H. S., & Kanarek, H. J. (1999). Cardio respiratory effects of albuterol sulfate on asthmatic children during and after exercise. *Missouri Journal of Health, Physical Education, recreation and Dance*. 9, 78-85.
- Bias, K. D. (1998). The importance of asthma research to the physical educator. *Missouri Journal of Health, Physical Education, recreation and Dance*. 8, 23-29.

#### **Refereed Poster Presentations at National Conventions**

1. **Bias, K.** *Public School Superintendents' Perception of School District's PE Programs* American Alliance for Health, Physical Education, Recreation and Dance. Indianapolis, Indiana, (2010)

**Presentations at Professional Conferences (Refereed)**

1. Bias, K. Recruitment Strategies to Assist You in Looking Beyond the Borders of Your Institution. Phoenix, AZ (2024)
2. Bias, K. To Adjunct, or Not to Adjunct, National Association for Kinesiology in High Education. New Orleans, LA (2023)
3. Bias, K. *Curriculum Adjustments After the Covid-19 Pandemic*. National Association for Kinesiology in Higher Education. Phoenix, AZ (2022)
4. Deutsch, J., Bias, K., & Johnson, B. *Ideas for Meeting the Students Social-Emotional Needs as Universities Return to Face-to-Face Instruction*. National Association for Kinesiology in Higher Education, Phoenix, AZ (2022)
5. Johnson, B., & Bias, K., *Adapted Physical education meeting the needs of students*. National Association for Kinesiology in Higher Education. Indian Wells, CA (2020)
6. Bias, K., & Lynch, B. *Methods of teaching for student Success*. National Association for Kinesiology in Higher Education. Savannah GA (2019)
7. Schnell, K., Benefied, B., & Bias, K. *Jump rope for success*. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake Ozarks MO, November (2018).
8. Bias, K. *Expanding the Task Analysis to Meet the Needs of All*. Central District Conference Shape America. Cedar Falls, IA (2017)
9. Strohmeyer, H. S., & Bias, K. *Toward a Pedagogical Kinesiology Revisited*. National Association for Kinesiology in Higher Education. Orlando FL (2017)
10. Nyhus, R. & Bias, K. *Looking at the Past to Move the Future in PETE*. National Association for Kinesiology in Higher Education. Orlando FL (2017)
11. Bias, K. *Using a Therapy Dog to Help Students with Disabilities Reduce Stress*. National Association for Kinesiology in Higher Education. Orlando FL (2017)
12. Bias, K., & Nyhus, R. *Providing Stewardship to Cooperating Schools to Assist PETE Programs*. National Association for Kinesiology in Higher Education. San Diego CA (2016)
13. Bias, K. *Crafting a Collaborative Environment through Inclusive Adaptive Physical Education* SHAPE AMERICA PETE/HETE Conference Atlanta Georgia, October (2015)

14. Bias, K. *Using Service Learning as A Teaching Opportunity*. National Association for Kinesiology in Higher Education. Clearwater Florida, January (2015)
15. Bias, K. Teaching with a Purpose to Facilitate Learning in All Students. SHAPE Florida, St. Pete Beach, Florida. (2014)
16. Bias, K. *Best Practices in Teaching*. Wakonse conference Michigan, May (2014)
17. Bias, K. *Moving Children with the Purpose of Creating Success for All*. Southwest District AAHPERD, Las Vegas Nevada, July (2013)
18. Bias, K. *Integrating Special needs students into your PETE program*. Southwest District AAHPERD, Las Vegas Nevada, July (2013)
19. Bias, K. *The Good, Bad and Ugly of Adapted Physical Education*. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake Ozarks MO, November (2013).
20. Bias, H., Bias, K. *The Positive Aspects of Facebook and Social Media*. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake Ozarks MO, November (2013).
21. Bias, K. *Using Service Learning as a Teaching Opportunity* National Association for Kinesiology in Higher Education. Fort Lauderdale FL, (2013).
22. Bias, K. *Keeping dance Simple and Fun*. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake Ozarks MO, November (2012).
23. Bias, K. *THRIVE, Integrating Disability into Your College PE Class*. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake Ozarks MO, November (2012).
24. Bias, K. *Raising the Cardiovascular Bar with Nordic Walking*. Kansas Association of Health, Physical Education, Recreation, and Dance. Lawrence KS, October (2012)
25. Bias, K. *Creating Success for All Students with A Purpose*. Nebraska Association of Health, Physical Education, Recreation, and Dance. November (2012)

26. Bias, K. *Teaching with A Purpose to Create Success for All*. Iowa Association of Health, Physical Education, Recreation, and Dance. October (2012)
27. Bias, K. & Nyhus, R. A. *Using Collaboration Globally to Unite PETE Programs* National Association for Kinesiology and Physical Education in Higher Education. San Diego, CA, (2012)
28. Bias, K. & Deskin, C. *Adaptive Think Tank*. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake of the Ozarks, MO. (2011)
29. Bias, K. & Brennan, B. *Nordic Walking- Pick Up the Pace*. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake of the Ozarks, MO. (2011)
30. Bias, K. & Brennan, B. *Pedometers*. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake of the Ozarks, MO. (2011)
31. Bias, K. & Nuhus, R. A. *The Professional Impact of Cooperative presentations with PETE students*. National Association for Kinesiology and Physical Education in Higher Education. Lake Buena Vista, FL. (2011)
32. Bias, K. Fangman, K. *Rolling, Bouncing Moving: Using Stability Balls as an Inclusion Tool*. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake of the Ozarks, MO. (2010)
33. Bias, K., Ashbaugh, C., Chowning, M., & Brennan, B. *No Gym-No Problem! Fun Games for the Hallway*. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake of the Ozarks, MO. (2010)
34. Bias, K. *Taking it to the Hallway*. Colorado Association of Health, Physical Education, Recreation, and Dance. Loveland, CO. (2010)
35. Bias, K., Ashbaugh, C., Chowning, M., & Brennan, B. *Activities for the Hallway when you get kicked out of the Gym*. Kansas Association of Health, Physical Education, Recreation, and Dance. Wichita, KA. 2010)
36. Bias, K., Ogren, J., & Wagenknecht, N. *Modifying physical education activities to meet the needs of all your learners, while continuing to promote participation and movement in a positive environment for the students*. Central District Association of the American Alliance for Health, Physical Education, Recreation and Dance. Fargo, ND. (2010)



37. Bias, K., Nuhus, R. A. *Creating Lifelong Learners in Physical Education through Collaborative Learning Experiences*. National Association for Kinesiology and Physical Education in Higher Education. Scottsdale, AZ. (2010)
38. Bias, K. Barker, V. *How to have Fun with Inclusion, So All Your students have Fun*. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake of the Ozarks, MO. (2009)
39. Bias, K. *Adapted Elementary Activities to Promote success for all Students*. Kansas Association of Health, Physical Education, Recreation, and Dance. Pittsburg, KA. (2009)
40. Bias, K., Parks, T., & Harris, P. *Some New, Some Old, and some simply Made-Up, Elementary Activities to Promote Participation in a Positive Environment for All students*. 38<sup>th</sup> Annual Midwest Symposium on Therapeutic Recreation & Adapted Physical Activity. St. Louis, MO. (2009)

### **Invited Presentations**

Summer 2023 I was asked to present to the Lee's Summit school District over adapted Physical Education.

Spring 2013 I was asked to present to the Physical Education department of the independence school district. The district was looking for help over better teaching practices and assessment collection techniques to help facilitate the learning of their students in Physical Education.

### **Manuscript Reviewer for Peer Reviewed Journals**

- |           |   |
|-----------|---|
| 2016      | Reviewer for the Journal of Applied Learning in Higher Education                                      |
| 2009-2019 | Reviewer for the Journal of Missouri Association for Health Physical Education, Recreation and Dance. |
| 2014-2019 | Manuscript Reviewer for National Association for Kinesiology in Higher Education Committee            |
| 2011-2012 | Reviewer for the Journal of Kansas Association for Health Physical Education, Recreation and Dance.   |

### **Conventions Attended for Professional Development**

1. MACTE Spring Conference, Columbia, MO (2024)

2. National Association for Kinesiology in Higher Education, Phoenix, AZ (2024)
3. Teacher Education Council of State Colleges and Universities, St. Louis, MO (2023)
4. MACTE Spring Conference, Columbia, MO (2023)
5. National Association for Kinesiology in Higher Education, New Orleans LA (2023)
6. Teacher Education Council of State Colleges and Universities, Denver, CO (2022)
7. National Association for Kinesiology in Higher Education, Phoenix, Az (2022)
8. National Association for Kinesiology in Higher Education, New Orleans, LA (Virtual) (2021)
9. National Association for Kinesiology in Higher Education, Indian Wells, CA (2020)
10. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake Ozarks MO, (2019)
11. National Association for Kinesiology in Higher Education. Savannah GA (2019)
12. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake Ozarks MO, (2018)
13. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake Ozarks MO, (2017)
14. Central District Shape America Convention University of Northern Iowa. (2017).
15. National Association for Kinesiology in Higher Education. Orlando FL (2017)
16. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake Ozarks MO, (2016).
17. National Association for Kinesiology in Higher Education. San Diego CA (2016)
18. Shape America Convention, Minneapolis MN, (2016).
19. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake Ozarks MO, (2015).
20. Shape America PETE/HETE Conference, Atlanta Ga, (2015).

21. Central District Convention for American Alliance for Health, Physical Education, Recreations and Dance, Moorhead MN. (2015).
22. National Association for Kinesiology in Higher Education. Clearwater FL, (2015).
23. Florida Shape Conference, St. Pete Beach FL, (2014)
24. Kansas Association for Health, Physical Education, Recreations and Dance, Pittsburg KS, (2014).
25. Wakonse Conference on College Teaching, Camp Miniwanca, MI (2014)
26. American Alliance for Health, Physical Education, Recreations and Dance, St. Louis Mo, (2014).
27. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake Ozarks MO, (2013).
28. Kansas Association for Health, Physical Education, Recreations and Dance, KS, (2013).
29. Southwest District Convention for American Alliance for Health, Physical Education, Recreations and Dance, Las Vegas NV, (2013).
30. American Alliance for Health, Physical Education, Recreations and Dance, Charlotte NC, (2013).
31. Central District Convention for American Alliance for Health, Physical Education, Recreations and Dance, Jackson Hole WY, (2013)
32. National Association for Kinesiology in Higher Education. Fort Lauderdale FL, (2013).
33. Missouri Association of Health, Physical Education, Recreation, and Dance. Lake Ozarks MO, (2012).
34. Kansas Association for Health, Physical Education, Recreations and Dance, Lawrence KS, (2012).
35. National Convention for the American Alliance for Health, Physical Education, Recreation, and Dance, Boston, MA. (2012)
36. Central District Convention for the American Alliance for Health, Physical Education, Recreation, and Dance, Colorado Springs, CO. (2012)

37. National Convention for the National Association of Kinesiology, Physical Education and Higher Education, San Diego, CA. (2012)
38. Kansas Association for Health, Physical Education, Recreation and Dance in Fort Hays, KS. (2011)
39. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, Mo. (2011)
40. National Convention for the American Alliance for Health, Physical Education, Recreation, and Dance, San Diego, CA. (2011)
41. Central District Convention for the American Alliance for Health, Physical Education, Recreation, and Dance Rapid City, SD. (2011)
42. National Convention for the National Association of Kinesiology, Physical Education and Higher Education, Orlando, FL. (2011)
43. Kansas Association for Health, Physical Education, Recreation and Dance in Wichita, KS. (2010)
44. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, Mo. (2010)
45. Colorado Association for Health Physical Education, Recreation and Dance, Loveland, CO. (2010)
46. National Convention for the National Association of Kinesiology, Physical Education and Higher Education, Scottsdale, AR. (2010)
47. Central District Convention for the American Alliance for Health, Physical Education, Recreation, and Dance, Fargo, ND. (2010)
48. National Convention for the American Alliance for Health, Physical Education, Recreation, and Dance, Indianapolis, IN. (2010)
49. Missouri Association for Health Physical Education, Recreation and Dance. Lake of the Ozarks, Mo. (2009)
50. Kansas Association for Health Physical Education, Recreation and Dance, Pittsburg, KS. (2009)
51. Central District Convention for the American Alliance for Health, Physical Education, Recreation, and Dance, Rochester, MN. (2009)

52. National Convention for the American Alliance for Health, Physical Education, Recreation, and Dance, Tampa, FL. (2009)
53. 38<sup>th</sup> Annual Midwest Symposium on Therapeutic Recreational & Adaptive Physical Activity. St Louis, MO. (2009)
54. 37<sup>th</sup> Annual National Adaptive Conference. San Diego, CA. (2008)
55. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, Mo. (2008)
56. Teaching Basic Tennis, Workshop in Raymore, Mo. (2007)
57. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, Mo. (2007)
58. Raising the Bar in Physical Education. Workshop in Raymore, Mo. (2007)
59. Central District Convention for the American Alliance for Health, Physical Education, Recreation, and Dance, Overland Park, KS. (2007)
60. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, Mo. (2006)
61. Making a Difference in Physical Education. Workshop in Independence, MO. (2006)
62. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, MO. (2005)
63. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, MO. (2004)
64. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, MO. (2003)
65. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, MO. (2002)
66. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, MO. (2001)
67. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, MO. (2000)

68. Teacher of the Year” (TOY) Workshop, Warrensburg, MO. (2000)
69. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, MO. (1999)
70. Teacher of the Year” (TOY) Workshop, Warrensburg, MO. (1999)
71. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, MO. (1998)
72. Teacher of the Year” (TOY) Workshop, Warrensburg, MO. (1998)
73. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, MO. (1997)
74. National Convention for the American Alliance for Health, Physical Education, Recreation, and Dance, St. Louis, MO. (1997)
75. Teacher of the Year” (TOY) Workshop, Warrensburg, MO. (1997)
76. Missouri Association for Health Physical Education, Recreation and Dance, Lake of the Ozarks, MO. (1996)

## **SERVICE**

### Awards:

- 2017 Robert M. Taylor Professional Service Honor Award  
Presented by, Missouri Association for Health Physical Education,  
Recreation and Dance

### **Involvement with University, College, and Department Governance**

#### **University**

- |           |  |
|-----------|--|
| 2023-2024 | Academic Council   |
| 2023-2024 | College Leadership Team  |
| 2022-2023 | Academic Council   |
| 2022-2023 | College Leadership Team.   |
| 2021-2022 | School of Teaching and Learning, Promotion and Tenure Committee,                           |
| 2021-2022 | Teacher Education Council,   |
| 2020-2021 | School of Teaching and Learning, Promotion and Tenure Committee, ( <b>Chair Ken Bias</b> ) |

2019-2020	School of Teaching and Learning, Promotion and Tenure Committee
2018-2019	College of Education, Promotion and Tenure Committee.
2018-2019	School of Teaching and Learning, Promotion and Tenure Committee.
2017-2018	University Curriculum Committee, representative for the College of Health, Science and Technology
2016-2017	College of Health, Science and Technology Faculty Task Force to develop expectations for college faculty. <b>(Chair: Ken Bias)</b>
2016-2017	University Curriculum Committee, representative for the College of Health, Science and Technology
2015-2016	University Curriculum Committee, representative for the College of Health, Science and Technology
2014-2015	University Curriculum Committee, representative for the College of Health, Science and Technology
2014-2015	Teacher Education Council, representative for the College of Health, Science and Technology
2013-2014	Faculty Senate representative for the College Health, Science and Technology
2013-2014	Teacher Education Council, representative for the Health, Science and Technology
2013-2014	University Curriculum Committee, representative for the College of Health, Science and Technology
2012-2013	Faculty Senate representative for the College Health, Science and Technology
2012-2013	Teacher Education Council, representative for the College of Health, Science and Technology
2012-2013	Professional Education Faculty Scholarship Committee. <b>(Co-Chair: Ken Bias)</b>
2011-2012	Teacher Education Council, representative for the College of Health, Science and Technology
2011-2012	Professional Education Faculty.
2011-2012	Professional Education Faculty Scholarship Committee.
Spring 2010	Faculty Senate Alternate
2010-2011	Teacher Education Council.
2010-2011	Professional Education Faculty.
2010-2011	Professional Education Faculty Scholarship Committee.
2009-2010	Presidents Commission on Distance Learning.
2009-2010	Professional Education Faculty.
2009-2010	Teacher Education Council.
2009-2010	Professional Education Faculty Scholarship Committee. <b>(Chair: Ken Bias)</b>
2008-2009	Professional Education Faculty

**College:**

2019-2020	College of Education Promotion and Tenure Committee
2018-2019	College of Education Promotion and Tenure Committee
2017-2018	College of Health, Science and Technology Curriculum Committee <b>(Chair: Ken Bias)</b>
2016-2017	College of Health, Science and Technology Curriculum Committee <b>(Chair: Ken Bias)</b>
2015-2016	College of Health, Science and Technology Curriculum Committee <b>(Chair: Ken Bias)</b>
2014-2015	College of Health, Science and Technology Curriculum Committee <b>(Chair: Ken Bias)</b>
2013-2014	College of Health, Science and Technology Curriculum Committee <b>(Chair: Ken Bias)</b>
2010-2011.	College of Health and Human Services Student Affairs Committee <b>(Chair: Ken Bias)</b>
2009-2010.	College of Health and Human Services Student Affairs Committee.

**Department**

2019-2020	School of Teaching and Learning Promotion and Tenure Committee <b>(Chair: Ken Bias)</b>
2018-2019	College of Education Promotion and Tenure Committee
2016-2017	Department of Nutrition and Kinesiology Curriculum Committee <b>(Chair: Ken Bias)</b>
Fall 2016	Assisting with the development of a collegiality survey for the Department of Nutrition and Kinesiology.
Fall 2016	Faculty Search Committee Pedagogy, <b>(Chair: Ken Bias)</b>
2015-2016	Department of Nutrition and Kinesiology Curriculum Committee <b>(Chair: Ken Bias)</b>
2014-2015	Faculty Search Committee Pedagogy, <b>(Chair: Ken Bias)</b>
2014-2015	Department of Nutrition and Kinesiology Curriculum Committee <b>(Chair: Ken Bias)</b>
2013-2014	Department of Nutrition and Kinesiology Curriculum Committee
2013-2014	Faculty Search Committee Pedagogy, <b>(Chair: Ken Bias)</b>
2012-2013	Department of Nutrition and Kinesiology Scholarship Committee
2011-2012	Department of Nutrition and Kinesiology Curriculum Committee
2011-2012	Department of Nutrition and Kinesiology Student Technology Fees Committee
2010-2011	Department of Kinesiology Scholarship Committee.
2009-2010	Department of Kinesiology Scholarship Committee.
2009	Department of Kinesiology Search Committee.

**Sponsorship of University Societies**



2009 Present Assist with the PETE Physical Education Club for the Department of Nutrition and Kinesiology.

### **Other University Activities**

Spring 2021 Volunteer for the Undergraduate Commencement ceremony  
 Fall 2020 Volunteer for the Graduate Commencement ceremony  
 Spring 2019 Volunteer for the Undergraduate Commencement ceremony  
 Fall 2018 Volunteer for the Undergraduate Commencement ceremony  
 Fall 2018 Volunteer for the Graduate Commencement ceremony  
 Spring 2017 Volunteer for the Undergraduate Commencement ceremony  
 Spring 2017 Volunteer for the Graduate Commencement ceremony  
 Fall 2016 Abstract reviewer for the McNair Scholar Program  
 Spring 2016 Volunteer for the Undergraduate Commencement ceremony  
 Spring 2016 Volunteer for the Graduate Commencement ceremony  
 Spring 2015 Volunteer for the Undergraduate Commencement ceremony  
 Fall 2014 Volunteer for the Undergraduate Commencement ceremony  
 Spring 2014 Volunteer for the Undergraduate Commencement ceremony  
 Fall 2103 Volunteer for the Undergraduate Commencement ceremony  
 Spring 2013 Volunteer for the Undergraduate Commencement ceremony  
 2012 Presented over the topic “Assessment – Based Physical Education” at the Warrensburg Physical Education Faculty Development Workshop hosted by the Department of Nutrition and Kinesiology. This workshop was hosted by the department to say thank you to the Warrensburg school district for all the work they do with our students.

2009 As a McNair graduate, I was asked to participate in the UCM McNair Scholars seminar which provided the McNair class of 2009 an opportunity to ask question over the path to their doctoral degrees.

### **Service to Professional Organizations**

#### **National Organizations**

Spring 2023 Chair Awards Committee for the National Association for Kinesiology in Higher Education  
 Spring 2022 Chair Awards Committee for the National Association for Kinesiology in Higher Education  
 Fall 2016 Vice President Elect Nominee for the National Association for Kinesiology in Higher Education  
 2013-2015 National Association for Kinesiology in Higher Education Committee member for Awards Committee.

- 2014 Committee over student volunteers for the American Alliance for Health, Physical Education, Recreations and Dance, National Convention in St. Louis Mo, (**Chair: Ken Bias**)
- 2010 National Association of Sport and Physical Educations (NASPE) teacher of the year selection committee for secondary physical education

### **Regional Organizations**

- 2013 & 2014 Central District Association for the American Alliance for Health, Physical Education, Recreations and Dance. Social Committee Convention Chair: **Ken Bias**,
- 2012-2013 Central District Association for the American Alliance for Health, Physical Education, Recreations and Dance. Executive Board member.
- 2012 Central District Leadership 8<sup>th</sup> Summit- July 8-10, Mahoney State Park, Ashland Nebraska.
- 2011 Central District for American Alliance for Health, Physical Education, Recreation, and Dance. Executive Board Member Vice-President Elect of Physical Activity and Recreation.
- 2011 Central District Leadership 7<sup>th</sup> Summit- July 10-12, Mahoney State Park, Ashland Nebraska

### **State Organizations**

- 2018-2019 Initiatives Committee Missouri Association of Health, Physical Education, Recreation, and Dance Representative Assembly.
- 2017-2018 College Chair for Missouri Association of Health, Physical Education, Recreation, and Dance Representative Assembly.
- 2016-2017 College Chair for Missouri Association of Health, Physical Education, Recreation, and Dance Representative Assembly.
- 2015-2016 College Chair Elect for Missouri Association of Health, Physical Education, Recreation, and Dance Representative Assembly.
- 2015 Journal Reviewer for Missouri Association of Health, Physical Education, Recreation, and Dance.
- 2014 Journal Reviewer for Missouri Association of Health, Physical Education, Recreation, and Dance.
- 2013 Journal Reviewer for Missouri Association of Health, Physical Education, Recreation, and Dance.
- 2012 Journal Reviewer for Missouri Association of Health, Physical Education, Recreation, and Dance.
- 2007 Missouri Association for Health, Physical Education, Recreation and Dance. Representative Assembly Elementary Chair Elect.
- 2008 Missouri Association for Health, Physical Education, Recreation and Dance. Representative Assembly Elementary Chair.

- 2009 Missouri Association for Health, Physical Education, Recreation and Dance. Representative Assembly Adaptive Chair Elect.
- 2010 Missouri Association for Health, Physical Education, Recreation and Dance. Representative Assembly Adaptive Chair.
- 2011 Missouri Association for Health, Physical Education, Recreation and Dance. Representative Assembly Adaptive Chair.

### **Membership in Academic, Professional and Scholarly Societies**

#### **National Organizations**

- 2007—2017 American Alliance for Health, Physical Education, Recreations and Dance. Now known as SHAPE America, Society of Health and Physical Educators
- 2009—Present National Association for Kinesiology in Higher Education

#### **State Organizations**

- 1996—Present Missouri Association of Health, Physical Education, Recreation, and Dance.
- 2009—2015 Kansas Association of Health, Physical Education, Recreation, and Dance.

### **References:**

#### **Ann McCoy**

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