

**Summary Curriculum Vitae of
Emilia Patricia T. Zarco, M.D. M.Ed.**

Academic Rank: Associate Professor

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Education: Doctor of Medicine, West Visayas State University, Iloilo City, Philippines, **M.Ed. Health Education,** University of the Philippines, Diliman, Quezon City, **A.B. Science,** West Visayas State University, Iloilo City, Philippines

Professional Experience: Chair and Associate Professor, Department of Health and Sport Sciences, **Associate Dean for Academic Affairs** at College of Education and Health Sciences, Adelphi University; **Assistant Director,** Excellence in Health and Education Project and **Assistant Professor,** Southeastern Louisiana University; **Chair and Assistant Professor,** Department of Health Education, School of Education, University of the Philippines, Diliman Quezon City, Philippines,

NAKHE Honors and Awards: Presidential Award for Leadership 2020, **Department Head Certification Training (DHCT) 1st Cohort,** 2018,

NAKHE Positions Held (Committees, offices, other NAKHE service): Coordinator 2019 Department Head Certification Training, Garden City, NY; **Committee Chair,** 2017 Leadership Development Workshop (Theme: Conflict Management in Kinesiology Higher Education), Atlanta, Georgia;

Selected University Service/Leadership Activities: Chair, Organizing Committee, AIESEP 2019 International Conference; Led and wrote the 2017 Strategic Plan Report for the Department of Exercise Science, Health Studies, Physical Education and Sport Management, Adelphi University,

Selected Publications:

Bliss, K., **Zarco, E. P.,** & Trovato, M. (2018) Social Media Use among Health Education Specialists: Implications for Professional Development in *American Journal of Health Studies.* 33 (3).

Hung, A. Y. H., **Zarco, E. P.,** Yang, M. Dembicki, D. Kase, M. (2017). Gamification in the wild: Student and Faculty Perspectives on Gamifying Higher Education Online and Hybrid Courses, *Issues and Trends in Educational Technology.* 5(2).

Battaglia, D., Curinga, M., Minicozzi, L., Vaughn-Shavuo, F., McCarthy, M., & **Zarco, E.** (2015). From Laptop to Tablet: Faculty use of iPads for instruction to prepare education professionals. *Excelsior: Leadership in Teaching and Learning.* 9(2), 21-38.

Selected Presentations:

Zarco, E. P. (2020). *Department Head Certification Training Presentation* at the National Association for Kinesiology in Higher Education 2020 Annual Conference, Palm Springs, California, January 8, 2020.

Zarco, E. P. (2019). *Challenges and Opportunities for using Social Media in Kinesiology Departments* presented in a concurrent session at the National Association for Kinesiology in Higher Education 2019 Annual Conference, Savannah, Georgia, January 10, 2019.

Zarco, E. P. & Bliss, K. (2018). *Social Media in Health Promotion: Applications for Enhancing Collaboration* presented in a concurrent session at the National Association for Kinesiology in Higher Education 2018 Annual Conference, Phoenix, AZ January 3-6, 2018.

Zarco, E. P. & Bliss, K. (2017). *Online Discussion in a Social and Interconnected Space* presented in a concurrent session at the Society of Public Health Educators 2017 Annual Conference, Denver, CO March 30- April 1, 2017.

Selected Teaching Information:

Teaches: Research and Technology in Health Education, Community Health Education: Planning and Implementation, Fieldwork Internship, Content Courses in Health: Personal Health, Human Sexuality, Stress Management, Maternal and Child Health, and Physical Activity Course: Essentrics