## Summary Curriculum Vitae of Emilia Patricia T. Zarco, M.D. M.Ed. Please keep to one page – use small font!

Academic Rank: Associate Professor

Mailing Address: Adelphi University Woodruff Hall 168, Garden City, NY 11530

**Phone:** 516 877 3346 **Email:** zarco@adelphi.edu

**Education:** Doctor of Medicine, West Visayas State University, Iloilo City, Philippines, M.Ed. Health Education, University of the Philippines, Diliman, Quezon City, A.B. Science, West Visayas State University, Iloilo City, Philippines

**Professional Experience:** Chair, Department of Exercise Science, Health Studies, Physical Education and Sport Management, Associate Dean for Academic Affairs and Associate Professor at Ruth S. Ammon School of Education, Adelphi University; Assistant Director, Excellence in Health and Education Project and Assistant Professor, Southeastern Louisiana University; Chair and Assistant Professor, Department of Health Education, School of Education, University of the Philippines, Diliman Quezon City, Philippines,

NAKHE Honors and Awards: Department Head Certification Training 1st Cohort, 2017

- **NAKHE Positions Held (Committees, offices, other NAKHE service):** Committee Chair, 2017 Leadership Development Workshop (Theme: Conflict Management in Kinesiology Higher Education), Atlanta, Georgia
- Selected University Service/Leadership Activities: AIESEP 2019 International Conference Organizing Committee Chair, Led and wrote the 2017 Strategic Plan Report for the Department of Exercise Science, Health Studies, Physical Education and Sport Management, Adelphi University,

## **Selected Publications:**

- Hung, A. Y. H., **Zarco, E. P.**, Yang, M. Dembicki, D. Kase, M. (2017). Gamification in the wild: Student and Faculty Perspectives on Gamifying Higher Education Online and Hybrid Courses. Issues and Trends in Educational Technology. 5(2).
- Battaglia, D., Curinga, M., Minicozzi, L., Vaughn-Shavuo, F., McCarthy, M., & Dr, Zarco, E. (2015). From Laptop to Tablet: Faculty use of iPads for instruction to prepare education professionals. Excelsion: Leadership in Teaching and Learning. 9(2), 21-38.
- Rees R., **Zarco**, **E.**, & amp; Lewis, D. (2008). The Steroids/Sports Supplements Connection: Pragmatism and Sensation-Seeking in the Attitudes and Behavior of JHS and HS Students on Long Island. Journal of Drug Education. 38:4.

## **Selected Presentations:**

- **Zarco, E. P.** & Bliss, K. (2018). *Social Media in Health Promotion: Applications for Enhancing Collaboration* presented in a concurrent session at the National Association for Kinesiology in Higher Education 2018 Annual Conference, Phoenix, AZ January 3-6, 2018.
- **Zarco, E. P.** & Bliss, K. (2017). *Online Discussion in a Social and Interconnected Space* presented in a concurrent session at the Society of Public Health Educators 2017 Annual Conference, Denver, CO March 30- April 1, 2017.

## **Selected Teaching Information:**

Teaches: Research and Technology in Health Education, Community Health Education: Planning and Implementation, Fieldwork Internship, Scientific Foundations for Physical Activity, and Content Courses in Health: Personal Health, Human Sexuality, Stress Management, Maternal and Child Health, etc.

Developed Orientation Courses for full online programs in Health Informatics and Sport Management

Developed the following courses: Research and Technology in Health Education (Traditional and Full Online) and School Health Program and Policies (Traditional and Hybrid)